



COACHING X-TRA

COMMUNITY SPORTS COACH SCHEME
UPDATE WINTER 2007



Happy New Year to All

I hope you all enjoy the third edition of Coaching X-tra. In this issue you will find updates on the:

- Training Days
- Derbyshire Coach Bursary Fund
- Sports Coach UK Coaches Conference
- New Phase 4 Community Coaches
- Sport England Funding
- Good News Stories

Welcome on Board...

Two new coaches for the High Peak

- Dave Anderton - Outdoor CSC
- Sarah Smith - Dance CSC

Important Dates for your Diary

Community Sports Coach and Coach Manager Training Days

Community Coach Manager Training Morning

1 March 2007 at Alfreton Leisure Centre

9:30am Arrive

9:45am Developing Effective Coaching behaviors through a Practical TNA (observation)

12:45pm Lunch and chance to network with other Coach Managers or ask questions on myself or John Griffiths around Coaching/Community Sports Coaches.

1:30pm Depart

The training will be delivered by John Griffiths, Sports Coach UK and will focus on gaining an understanding of the practical training needs analysis, how to identify effective coaching behaviors and an understanding of how to observe, analysis and offer feedback to the coach. You will need to bring your trainers and clothes for doing practical activity - nothing too strenuous. For further details on the workshop, please speak with John on 07980 584661.

Community Coach Training Day

26 April 2007 at Genesis Centre, Alfreton

10am Arrive

10:10am Introduction to Derbyshire PESSCL Pilot (PE and School Sport Club Links), Step into Sport and Derbyshire Leadership Academy

10:40am How the PESSCL Pilot affects Community Sports Coaches

11am Workshop: Runningsports - Valuing Sports Volunteers

Tailored workshop aimed at Community Sports Coaches supporting and developing young leaders and volunteers

12:30pm Lunch

1pm 2nd Half of Workshop

2:30 – 3pm Evaluation and Close

The day will help Community Sports Coaches support and develop new leaders in their sport. Coaches will leave with an understanding of how to mentor young leaders, give advice, and increase confidence. Through this process Derbyshire will gain more new coaches, helping increase the numbers of young people active and/or able to perform at a performance level.

Derbyshire to gain 5 new Community Coach Schemes

5 organisations in Derbyshire have recently submitted applications to the Community Investment Fund and been successful.

Derby City Youth Service in partnership with Derby City Council have bid for an Outdoor Activities Coach, the coach will be employed to primarily focus on canoeing and climbing, but also develop other activities such as orienteering, team building and forestry skills. The coach will have a city wide focus but shall primarily be based at the new outdoor activity centre in Darley Abbey.

The Derbyshire Cricket Board will employ 2 Player Pathway Coaches to work in the cricket club environment across Derbyshire. They will work with young players and raise the standard of playing. The coaches will also identify those with the appropriate potential and ability to progress to District Centres. Here the Player Pathway Coaches will continue to work with those players to provide continuity. They will also work with players already at District Centres to ensure a consistent message and delivery, and to support any players who may be struggling to 'keep up'.

Erewash Borough Council will employ a Community Sports Coach who will coordinate and deliver sport and physical activity programmes in partnership to provide safe, sustainable, effective quality sport and leisure provision. By providing activities that include activity and education it will give diversions for young people from anti-social behaviour and crime. The coach will actively promote and deliver sport and leisure to engage and progress young people into a healthier positive lifestyle. This will enable young people to make a positive contribution to the community in which they live by becoming new volunteers and role models for the next generation.

High Peak Borough Council will employ a Lacrosse Community Coach to increase and develop Lacrosse activity across the Borough. The coach will develop out of school hours clubs, to engage and start young people playing Lacrosse and link to the local club. The coach will also support and develop volunteers and new coaches.

Derbyshire will also gain 4 new Athletics Community Coaches linked to Matlock Athletic Club, Buxton Athletic Club, Chesterfield Athletic Club and Amber Valley Athletic Club. The Coaches will deliver coaching in local schools to increase interest and awareness of athletics and link those interested with the athletic club. The posts will also have a remit to deliver Community athletics in holiday time and to support and mentor young leaders and volunteers.

The total project cost of the 5 new schemes comes to a total of £60,000 for the duration of the 2 years. £20,000 of this funding has been received through Community Investment Fund with £40,000 secured through organisations within Derbyshire.

If you are interested in any of the positions, information will be posted on <http://www.derbyshiresport.co.uk/job-vacancies> or available from the employer. The new recruits will be in place and coaching during April 2007.

Derbyshire Sport Coach Bursary Fund

The Derbyshire Sport Coach Bursary Fund has now been launched. In the first round of applications 18 coaches were supported by the fund, this included:

- 6 applications for Cricket qualifications
- 1 application for Rugby qualifications
- 1 application for Squash qualifications
- 3 applications for Swimming qualifications
- 5 applications for Football qualifications
- 2 applications for Hockey qualifications



Of the above, 4 Community Sports Coaches will receive grants towards their personal development.

A total of £2,454 will be issued to the coaches.

If you feel you have a development need please log onto <http://www.derbyshiresport.co.uk/resources/coach-bursary-fund> for further details and an application form. The next round closes on 30 April 2007.

Derbyshire Coach Education

Courses are regularly added and updated on the Derbyshire Sport website. Courses currently advertised which may be of interest include:

Athletics Level 1	3 March 2007	Tupton Hall School, North East Derbyshire
Basketball level 1 & Basketball Apprentice Referee	3/4 March 2007	Charles Hill, Loscoe
Cricket Level 2	18/24 March 1/7 April 2007	Chellaston School, Derby
Football Level 1	Starts 14 April 2007	Buxton Community College
Hockey Level 1	2/3/11 April 2007	Derby College, Mackworth

There are also a range of generic workshops advertised on the website. For further information, details of other courses and to express your interest with the course organiser, please visit <http://www.derbyshiresport.co.uk/events-courses/course-search>

Sports Coach UK

Sports Coach UK are holding a Coaches Conference on Saturday 24 March at Loughborough University.

The Conference will focus on "Identifying, selecting and developing talented athletes – what is your role as a coach?"

The day starts at 9:30am and finishes at 5:30pm, offering a wide selection of workshops for you to choose from. The Conference costs £35 for coaches working in The East Midlands.

For further details or to book a place please contact the Business Support Centre on 10509 226130.

Good News

Chapel-en-le-Frith Area Primary Schools' Hockey Tournament



Chapel-en-le-Frith High School played host to the Chapel-en-le-Frith Area Primary Schools' Hockey Tournament organised and run by Peter Danson, Community Sports Coach, from Buxton Hockey Club and the High Peak School Sport Partnership.

The hockey tournament was attended by 7 teams from the Chapel and Taxal & Fernilee feeder primary schools and although it rained all afternoon, the children had an enjoyable experience and displayed good hockey skills. Chapel-en-le-frith school won the mixed competition and the Boys' match 2-0 and Taxal & Fernilee School drew the Girls' match 1-1.

A Big Thank You to the Y 11 pupils from Chapel High School for umpiring the games.

Focus on Gymnastics

Derbyshire now has 4 Community Sports Coaches delivering Gymnastics, with one more to be appointed in Derbyshire Dales over the next few months.

Alex Shaw has been appointed in Erewash and has been coaching at 4 different after school clubs with numbers ranging from 12 - 17. The children she coaches have a range of abilities. All the children have gained their Level 7 Proficiency Award.

Alex has now moved on from this block of schools but has enthused many teachers, some have expressed an interest in assisting Alex with lunch time clubs and others want to attend the Teachers Award so they can continue to run the after school club. They have also suggested to their headteachers about running the Proficiency Awards throughout the school to the other years.

Alex has also been coaching Sports Acro sessions within some secondary schools. These pupils are going to attend a Gym Festival in the New Year, and will be doing a mini display. The festival will allow the pupils from the various schools invited to have a go at the different disciplines in gymnastics. Following this Festival, a community gymnastics club within the Ilkeston area will be set up. Although the numbers will be limited to start with, those showing ability will be filtered through to Erewash Valley Gymnastics Club. This will also offer a perfect opportunity to mentor young leaders to help them progress through their coaching awards.

In the High Peak, Jo Plant has been appointed by the District Council to develop gymnastics. Since being in post early September Jo has delivered national curriculum sessions in eleven schools and set up three new after school clubs.

The local gymnastics club, with Jo, has run holiday taster sessions and all schools in high peak were invited to take part, this has resulted in club participation numbers increasing. They are now waiting the results of their Gym Mark application.

The Step into Sport Conference had a gymnastics theme. Jo will work with young leaders and support them with voluntary placements and in gaining Gymnastics qualifications.

Community Sports Coach Vacancies

Derbyshire Dales District Council are hoping to appoint two new Community Sports Coaches

FUNDamentals/Multi-skills Coach

18 hours per week, 2 year contract, £12.11 per hour

Description of role

- To deliver a range of high quality sport and physical activity opportunities in a fun way that are progressive and reflective of the needs of the young people in the area
- To be responsible for planning and delivering a coordinated programme of activities which develops FUNdamental movement and sports skills based on the interests and abilities of young people
- To be responsible for planning and delivering a coordinated programme of activities which develops enhanced FUNdamental sports skills for talented young performers
- To work with a number of partners across a range schools, clubs and community organisations

Gymnastics Coach

12 hours per week, 2 year contract, £12.11 per hour

Description of role

- To deliver high quality gymnastics opportunities in a fun way that are progressive and reflective of the needs of the young people in the area
- To be responsible for planning and delivering a coordinated programme of gymnastic activities, developing links between schools and club activities
- To increase the knowledge and confidence of teachers, coaches and others to deliver high quality gymnastics activities
- To establish additional opportunities for young people to participate in gymnastics activities in the community
- To work with a number of partners across a range schools.

For further details contact Wayne Allsopp, Derbyshire Dales Sport Development Officer, on 01629 761381 or wayne.allsopp@derbyshiredales.gov.uk. For an application form contact Becky Burton, Derbyshire Dales District Council, Town Hall, Matlock, Derbyshire, DE55 1AR. Closing date is 2 March 2007.

Derby City Council – Community Cycling Coach

Derby City Council in partnership with, Sport England and Derbyshire Sport are hoping to recruit a Cycling Development officer to be part of the Cycle Derby team. To coach and work with a number of British Cycling 'Go Ride' school clubs. To deliver school, extra-curricular and community based cycle coaching activities including promotional events, holiday schemes, training and rides. To recruit and manage cycle coaches and volunteers and work with local clubs and facilities. To participate in the promotion and delivery of National Standards cycle training.

Application forms and further details will be available from Children and Young People's Personnel, Middleton House, 27 St Mary's Gate, Derby, DE1 3NN from 23 February 2007, 01332 716849 (Recruitment Answer phone) or email: vacancies.education@derby.gov.uk. If you want to discuss this post please call Mark Smith on 01332 715146.

The next publication of Coaching X-tra will be out in June 2007. It would be great to have some more success stories and articles relating to coaching from you. If you have an article for the next edition then please contact Andrea on 01629 530513 or e-mail andrea.stone@derbyshire.gov.uk.