

# Derbyshire Orienteering Competition Framework

## Introduction

Between January 2006 and April 2007, Derbyshire Sport have taken a strategic lead on a review of competition in the county.

A national drive initiated by the National Council for School Sport called for 'A World Class System of Competitive Sport for young people, a step change in the content structure and presentation of competitive opportunities and a heightened profile for competitive school sport'.

In real terms; a call to modernise, eliminate duplication and over competition and broaden the range of opportunities at the base. This document gives an overview of the proposed competition structure for orienteering in Derbyshire.

## Key Messages

The document fits in with the guidance from British Orienteering Federation and enables young people to access orienteering on their school site with accurate map reading and fast decision making being important elements. The competitions provide an exciting link between skill learning and local orienteering club competitions for all the family. The key messages are below:

- \* All competitions can take place on the school grounds with the option to progress to small, enclosed parks, woods or open spaces.
- \* From beginner festivals at Key Stage 2 to individual and team events at Key Stage 4/5 the progression gives access to an adventurous activity which appeals to people with a wide range of abilities and levels of fitness.
- \* The competitions introduce pupils to a sport which all the family can take part in and encourages all ages to participate through a colour coded system of courses with classes related to the length of course and degree of navigational ability, rather than age class competition.
- \* Through this healthy outdoor activity, participation can be maintained for life. Regular club orienteers continue to take part up to 80 years plus.

## Framework

The Derbyshire framework begins with multi skills activity through Key Stage 1 and the first 2 years of Key Stage 2. In school years 5 and 6 there is a 'participation' opportunity in the form of the Primary Sprint Competition at district level, which progresses to a 'performance' White Course opportunity at county, regional and national level. At club level, participants are welcomed from all Key Stage 1 and 2 years, in the very early years to family event days and developing to Local Club White Courses.

At Key Stage 3 and 4, the theme continues of offering a 'participation' opportunity at district level and 'performance' opportunities at county, regional and national level. The two levels of competition are not seen as progression which is reflected in the schedule of the events. The participation/district competition will take place in the spring to feed young people to clubs at the beginning of the summer and the performance/county – national in the Autumn for the young people who have had some experience in the sport either with a club or through school provision.

At club level, participants are offered local and individual (regional/national) competitions of various levels of difficulty.

# Overview

	KS 1&2 / Year 3-4	KS 2 / Year 5-6	KS 3 / Year 7-9	KS 4 / Year 10-11
<b>Within A School</b>	<b>Multi-Skill Festival</b> Entry: Open Participant: M Schedule: Sept – Dec Explanation: 1.0			
<b>Inter-School (family wide)</b>				
<b>Inter-School (partnership wide)</b>		<b>Primary Sprint</b> Entry: Open Participant: M Schedule: late spring term Explanation: 2.0	<b>Orienteering Comp Y7 - Sprint</b> <b>Y8/9 - Relay</b> Entry: Open Participant: SS Schedule: Feb - Apr Explanation: 3.0	<b>Orienteering Comp Y10/11 - Relay/Score</b> Entry: Open Participant: SS Schedule: Feb - Apr Explanation: 4.0
<b>Inter-School (county wide)</b>		<b>White Course Performance</b> Entry: Open Participant: M Schedule: Sept - Oct Explanation: 2.1	<b>County Championship Performance</b> Entry: Open Participant: M Schedule: Sept - Oct Explanation: 3.1	<b>County Championship</b> Entry: Open Participant: SS Schedule: Sept - Oct Explanation: 4.1
<b>Inter-School (region)</b>		<b>White Course Performance</b> Entry: Open Participant: M Schedule: Sept - Oct Explanation: 2.2	<b>Y7/8 - Yellow Course Comp</b> <b>Y9 - Orange Course Comp</b> Entry: Open Participant: M Schedule: Sept - Oct Explanation: 3.2	<b>Performance Y10 - Orange Course Comp</b> <b>Y11 - Light Green</b> Entry: Open Participant: SS Schedule: Sept - Oct Explanation: 4.2
<b>Inter-School (national)</b>		<b>White Course Performance</b> Entry: Open Participant: M Schedule: Oct - Nov Explanation: 2.3	<b>British Schools Championship Performance</b> Entry: Open Participant: M Schedule: Nov Explanation: 3.3	<b>British Schools Championship Bi Annual World School Champs</b> Entry: Open Participant: SS Schedule: Oct - Nov Explanation: 4.3
<b>Club</b>	<b>Family Event Day</b> Entry: Open Participant: M Schedule: All year Explanation: 1.1	<b>Local Club White Course</b> Entry: Open Participant: M Schedule: All year Explanation: 2.4	<b>Local Competition Club events/league</b> <b>Club regional event</b> Entry: Open Schedule: All year Explanation: 3.4	<b>Local Competition Club events/league</b> <b>Club regional event</b> Entry: Open Schedule: All year Explanation: 4.4
	<b>Local Club White Course</b> Entry: Open Participant: M Schedule: All year Explanation: 1.2		<b>Individual Competition Regional events</b> <b>British Champs</b> <b>Junior World Champs</b> Schedule: All year Explanation: 3.5	<b>Individual Competition Regional events</b> <b>British Champs</b> <b>Junior World Champs</b> <b>Future Champions Cup</b> Schedule: All year Explanation: 4.5

## Key Stage 1&2 / Year 1-4

### 1.0 Multi skill festival

**Format** - OAA festival. Orienteering activities

**Facilities:** School site with netball court mapped site or part site (playground or field)

**Organisers/Helpers:** Teachers and AOTTs including YL students from 'family' high school

**Equipment:** Netball court, cones and maps, map symbol card sets (one per team of five children), school map or playground/playing field map, set of controls and control cards

**Resources available from NGB to support:** TOP Outdoors cards and BOF guidance notes: netball numbers (star and courses versions), map symbols running game, star exercise, short loop courses (line card)

### Club

#### 1.1 Family event days

**Format:** Orienteering activities

**Facilities:** Mapped site or part site (playground or field)

**Organisers/Helpers:** Club members and young leaders

**Equipment:** Cones and maps, map symbol card sets (one per family/team), maps, set of controls and control cards

**Resources available from NGB to support:** BOF guidance notes: Map symbols running game, star exercise, short loop courses (Line card)

#### 1.2 Local Club White Courses

**Format:** Orienteering activities

**Facilities:** Mapped site or part site (playground or field)

**Organisers/Helpers:** Club members and young leaders

**Equipment:** Cones and maps, map symbol card sets (team), maps, set of controls and control cards

**Resources available from NGB to support:** BOF guidance notes: Map symbols running game, star exercise, short loop courses (Line card)

## Key Stage 2 / Year 5-6

### 2.0 Primary Sprint Festival (Y5 & 6)

**Format:** Primary school sprint series

**Facilities:** School grounds neutral venue (local park or small wood) for final

**Organisers/Helpers:** Teachers and AOTTs including YL students from 'family' high school, CSC if available

**Equipment:** Orienteering map of competition area with course marked, set of control markers with punch or crayon sprint series control cards

**Resources available from NGB to support:** BOF guidance notes for organisers, including sample map(s) with courses

#### 2.1 White Course Competition (Y5 & 6)

**Format:** Standard orienteering on white level courses

**Facilities:** School grounds neutral venue (local park or small wood) for final

**Organisers/Helpers:** CSC, club volunteers, teachers and AOTTs including YL

**Equipment:** Orienteering map of competition area with course marked, set of control markers with punch or crayon sprint series control cards

**Resources available from NGB to support:** BOF guidance notes for organisers, including sample map(s) with courses

#### 2.2 White Course Competition - regional (Y5 & 6)

**Format:** Standard orienteering on white level courses

**Facilities:** School grounds neutral venue (local park or small wood) for final

**Organisers/Helpers:** CSC, club/organisation volunteers, teachers and AOTTs including YL

**Equipment:** Orienteering map of competition area with course marked, set of control markers with punch or crayon sprint series control cards

**Resources available from NGB to support:** BOF guidance notes for organisers, including sample map(s) with courses

### 2.3 White Course Competition - national (Y5 & 6)

**Format:** Standard orienteering on white level courses

**Facilities:** School grounds neutral venue (local park or small wood) for final

**Organisers/ Helpers:** BOF staff with volunteer assistants from host club

**Equipment:** Orienteering map of competition area with course marked, set of control markers with punch or crayon sprint series control cards

**Resources available from NGB to support:** BOF guidance notes for organisers, including sample map(s) with courses

#### Club

### 2.4 Local Club White Courses

**Format:** Orienteering activities, full orienteering on white courses

**Facilities:** Mapped site

**Organisers/Helpers:** Club members and young leaders

**Equipment:** Maps, set of controls and control cards

**Resources available from NGB to support:** BOF guidance notes

## Key Stage 3 / Year 7-9

### 3.0 Y7 Sprint Competition, Y8/9 Relay Competition

**Format:** School Sprint Series

**Facilities:** School grounds or neutral venue (local park or small wood) for final

**Organisers/ Helpers:** Teachers and AOTTs including YL students from 'family' high school, CSC if available

**Equipment:** Orienteering map of competition area with course marked, set of control markers with punch or crayon sprint series control cards

**Resources available from NGB to support:** BOF guidance notes for organisers, including sample map(s) with courses

### 3.1 County Championship

**Format:** Standard orienteering on yellow courses for Y7/8 and orange courses for Y9

**Facilities:** School grounds neutral venue (local park or small wood) for final

**Organisers/ Helpers:** CSC, club volunteers, teachers and OAs including YL from higher school years/ students from local college/university

**Equipment:** Orienteering map of competition area with course marked, set of control markers with punch

**Resources available from NGB to support:** BOF guidance notes for organisers, including sample map(s) with courses

### 3.2 Yellow/Orange Course Competition - regional

**Format:** Standard orienteering on yellow courses for Y7/8 and orange courses for Y9

**Facilities:** Mapped area suitable for yellow and orange level courses

**Organisers/ Helpers:** CSC, club/organisation volunteers, teachers and OAs including YL from higher school years/ students from local college/university

**Equipment:** Orienteering map of competition area with course marked, set of control markers with punch

**Resources available from NGB to support:** BOF guidance notes for organisers, including sample map(s) with courses

### 3.3 British Schools Championship

**Format:** Standard orienteering on yellow courses for Y7/8 and orange courses for Y9

**Facilities:** Mapped area suitable for yellow and orange level courses

**Organisers/ Helpers:** BOF staff with volunteer assistants from host club

**Equipment:** Orienteering map of competition area with course marked, set of control markers with punch

**Resources available from NGB to support:** BOF guidance notes for organisers, including sample map(s) with courses

## Club

### 3.4 Local Competition

Club run events/leagues, run at local venues open to all club members and general public. Catering for a variety of levels. Events run year round

### 3.5 Individual Competition

Competitions entered on an individual basis at all levels. Events run year round

## Key Stage 4 / Year 10-11

### 4.0 Y10/11 Relay/Score Competition

**Format:** School Relay/Score Series

**Facilities:** School grounds or neutral venue (local park or small wood) for final

**Organisers/ Helpers:** Teachers and AOTTs including YL students from local college/university, CSC if available

**Equipment:** Orienteering map of competition area with course marked, set of control markers with punch

**Resources available from NGB to support:** BOF guidance notes for organisers, including sample map(s) with courses

### 4.1 County Championship

**Format:** Standard orienteering on orange courses for Y10 and light green for Y11

**Facilities:** School grounds neutral venue (local park or small wood) for final

**Organisers/ Helpers:** CSC, club volunteers, teachers and AOTTs including YL students from local college/university

**Equipment:** Orienteering map of competition area with course marked, set of control markers with punch

**Resources available from NGB to support:** BOF guidance notes for organisers, including sample map(s) with courses

### 4.2 Orange/Green Course Competition - regional

**Format:** Standard orienteering on orange courses for Y10 and light green for Y11

**Facilities:** Mapped area suitable for orange and light green level courses

**Organisers/ Helpers:** CSC, club/organisation volunteers, teachers and OAs including YL students from local college/university

**Equipment:** Orienteering map of competition area with course marked, set of control markers with punch

**Resources available from NGB to support:** BOF guidance notes for organisers, including sample map(s) with courses

### 4.3 British Schools Championship, Bi annual World School Championships

**Format:** Standard orienteering on orange courses for Y10 and light green for Y11

**Facilities:** Mapped area suitable for orange and light green level courses

**Organisers/ Helpers:** IOF staff with volunteer assistants from host region/club

**Equipment:** Orienteering map of competition area with course marked, set of control markers with punch

**Resources available from NGB to support:** BOF guidance notes for organisers, including sample map(s) with courses

## Club

### 4.4 Local Competition

Club run events/leagues, run at local venues open to all club members and general public. Catering for a variety of levels. Events run year round

### 4.5 Individual Competition

Competitions entered on an individual basis at all levels. Events run year round