

Sharing Good Practice Issue 28, 25th August 2010

Hello Everyone,

Welcome to the e-newsletter of High Peak Disability Sports Group. Through this newsletter we hope to keep people informed, share good practice and promote sport and physical activity opportunities for disabled people in the High Peak.

Please support our efforts by forwarding it on to your colleagues and friends or print off a copy of the attached word version for those without access to e-mail. For a hard copy of this newsletter contact Helen Ashworth <mailto:HelenA@highpeak.gov.uk>

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1. Rebound Therapy at St Philip Howard Sports Centre

Rebound Therapy is the use of a trampoline to provide therapeutic exercise for people with disabilities and additional needs. www.reboundtherapy.org

From 18th September 2010 Rebound Therapy sessions will take place at St Philip Howard Sports Centre, supported by funding from *Aiming High*. The sessions will run every Saturday from 9am - 10:30am and will be led on a 1:1 basis for either 15 minute or 30 minute slots by a qualified instructor. These slots must be pre-booked.

To book, or for more information about the sessions, please contact Emma Champion: Tel: 07947 832413; e-mail: CSDO@st-philiphoward.derbyshire.sch.uk

2. High Peak Boccia Club

Re-opens Saturday 18th September at St Philip Howard Sport Centre. The club will run from 11am to 12.30pm at £3 per session and is open to people with disabilities and additional needs from 5 years to adults. The sessions will be led by qualified coaches.

High Peak Boccia Club is funded through the Derbyshire wide Go Boccia project from the Youth Opportunities Fund and has also received the 2012 Inspire Mark as a project linked to the 2012 Olympic and Paralympic Games and their legacy.

Contact Paul Evans for more information: 0845 129 7777 paul.evans@highpeak.gov.uk
<http://www.st-philiphoward.derbyshire.sch.uk/index.php?id=467>

3. 5-a-side Football tournament at Hasland, Chesterfield

Young disabled people in years 8, 9, 10 and 11 are invited to enter a team in the 5-a-side football tournament hosted by Hasland Youth Club on Saturday 23rd October, 11am to 5pm.

Further information can be obtained from Gill Dixon, District Youth Worker, Chesterfield Team, 01246 454390

4. High Peak Sharks News

Sharks will be back in the swim at New Mills Swimming Pool on Saturday 3rd September 2010. To join High Peak Sharks contact –

Nicki: japenbamber@talk21.com Alice: alice.wright11@btinternet.com 07962 020748
or come along to New Mills Pool any Saturday at 5.30pm and see for yourself!

5. Sport 4 All

Sport 4 all is a multi-sports club for people with learning disabilities aged 16 or over and their friends. Find them on Tuesdays at Chapel Leisure Centre Long Lane, Chapel-en-le-Frith SK23 0TQ from 7 – 8pm. Cost £2.50 per person.

Further information from: Paul Evans 0845 129 77 77, Paul.Evans@highpeak.gov.uk

6. Mencap Sport, dates for your diary

National Table Tennis Championship, 2nd October, Crewe
National 5-a-side football championships, 10th October 2010 Leeds.

01924 234 912; sport@mencap.org.uk; www.mencap.org.uk/sport

7. Apply to be a volunteer at the 2012 Olympic and Paralympic Games

Applications open on September 15th. www.london2012.com/volunteering

Visit http://www.bbc.co.uk/ouch/minisites/2268/interviews/john_tanni.shtml to hear Baroness Tanni Grey Thompson on why the olympics and paralympics cannot be run together.

8. IBSA World Blind Football Championship 2010

The England team got as far as the semi finals in Hereford on Saturday 21st August but were beaten out of a place in the final by a strong team from Brazil who went on to win the championship.

Learn more about blind football at <http://www.blind2010.com/> or listen to an interview with 2 of the English team at http://www.bbc.co.uk/ouch/interviews/audio_blind_football.shtml

9. High Peak Disability Sport Group next meeting.

The next meeting of High Peak Disability Sports Group will be on Wednesday 22nd September at 5.30pm at the University of Derby Buxton, 1 Devonshire Road, Buxton. SK17 6RY.

For minutes of our meetings and earlier issues of this newsletter visit:
http://www.st-philiphoward.derbyshire.sch.uk/index.php?_id=494

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