



**Sharing Good Practice** Issue 23, 25<sup>th</sup> March 2010

Hello Everyone,

Welcome to the e-newsletter of High Peak Disability Sports Group. Through this newsletter we hope to keep people informed, share good practice and promote sport and physical activity opportunities for disabled people in the High Peak.

Please support our efforts by forwarding it on to your colleagues and friends or print off a copy of the attached word version for those without access to e-mail. For a hard copy of this newsletter contact Helen Ashworth <mailto:HelenA@highpeak.gov.uk>

To remove your name from the mailing list please e-mail <mailto:hpdsdg@btinternet.com>

**In March's issue:**

1. DSE Junior National Swimming Championships;
2. DSE Mini Games (North);
3. National Pan Disability Boccia League;
4. High Peak Coach Education Programme;
5. High Peak Boccia Club;
6. Paralympic World Cup, Manchester;
7. Easter Holiday Activities.

**1. DSE Junior National Swimming Championships**

4 members of the High Peak Sharks team swam in the DSE Junior Nationals at Sheffield on 6<sup>th</sup> and 7<sup>th</sup> March and came home with a horde of medals. Alan Bamber won five golds in the Individual Medley, Butterfly and Backstroke over various distances, Rebecca Sheldon took Gold in the 50 metres fly, Ellie Bamber came away with 2 golds and 3 silver medals and Martha Bolt took bronze in the 50 metres breaststroke. The next outing at this level for the four swimmers will be the Open Nationals in November.

**2. DSE Mini Games (North)**

21-23 May 2010 at Leigh Sports Village WN7 4JY

If you are 6-12 years old and disabled, come and take part in lots of sports including swimming, athletics and adapted games. Stay over with the rest of the children and have even more fun!

For more information call 0161 953 2499 [www.disabilitysport.org.uk](http://www.disabilitysport.org.uk)

DSE are the events division of the English Federation of Disability Sport.

### 3. National Pan Disability Boccia League

Buxton Buzzers, one of the three Buxton College teams in the league this year, travelled to Swanwick and took a resounding victory against the Nottingham team. The home match earlier this week resulted in a draw.

Further information about the league can be found at:

<http://www.cpsport.org/boccia/nationalleague.shtml>

### 4. High Peak Coach Education Programme

#### A Club for All

Monday 19 April, 6-9pm

Buxton Community School

This workshop outlines how your club can benefit from reaching all members of the community including young people, older people, those on low incomes, disabled people and people from ethnic minorities.

To book call:

Helen Ashworth 0845 129 77 77 ext 2211 or email: [Helen.Ashworth@highpeak.gov.uk](mailto:Helen.Ashworth@highpeak.gov.uk)

### 5. High Peak Boccia Club

The club is being held on a three-weekly cycle at St. Philip Howard Sports Centre, New Mills Youth Centre and St Nicholas Hall, Buxton. The next session is at New Mills Youth Centre on March 27th. Sessions run from 10am to 12noon at a cost of £3.

Contact: Paul Evans, Community Sports Co-ordinator, High Peak Borough Council  
Email: [paule@highpeak.gov.uk](mailto:paule@highpeak.gov.uk) Tel: 0845 129 77 77 ext 2209

### 6. Paralympic World Cup

Tickets are now available for the 2010 Paralympic world cup which will be held in Manchester from Tuesday 25<sup>th</sup> to Monday 31<sup>st</sup> May. Details are available on:

<http://www.btparalympicworldcup.com/spectators/tickets.php>

### 7. Easter Holiday Activities

For information on holiday activities in your area visit:

Buxton Community School 01298 212162 <a href="http://www.buxton.derbyshire.sch.uk">www.buxton.derbyshire.sch.uk</a>	Buxton Pool 01298 26548 <a href="http://www.dcleisurecentres.co.uk">www.dcleisurecentres.co.uk</a>
Chapel Leisure Centre 01298 811733 <a href="http://www.leisurecentre.com">www.leisurecentre.com</a>	Glossop Leisure Centre 01457 851627 <a href="http://www.dcleisurecentres.co.uk">www.dcleisurecentres.co.uk</a>
Gamesley Community & Sports Centre 01457 869145 <a href="http://www.highpeak.gov.uk/leisure/gamesley">www.highpeak.gov.uk/leisure/gamesley</a>	Glossop Pool 01457 863128 <a href="http://www.dcleisurecentres.co.uk">www.dcleisurecentres.co.uk</a>
St Philip Howard Catholic Sports College 01457 866612 <a href="http://www.st-philiphoward.derbyshire.sch.uk">www.st-philiphoward.derbyshire.sch.uk</a>	New Mills Leisure Centre 01663 748840 <a href="http://www.dcleisurecentres.co.uk">www.dcleisurecentres.co.uk</a>