



Sharing Good Practice Issue 15, 25th July 2009

Hello Everyone,

Welcome to the e-newsletter of High Peak Disability Sports Group. Through this newsletter we hope to keep people informed, share good practice and promote sport and physical activity opportunities for disabled people in the High Peak.

Please support our efforts by forwarding it on to your colleagues and friends or print off a copy of the attached word version for those without access to e-mail. For a hard copy of this newsletter contact Helen Ashworth <mailto:HelenA@highpeak.gov.uk>

To remove your name from the mailing list please e-mail <mailto:hpdsg@btinternet.com>

In July's issue:

1. Summer activities at St Philip Howard Sports Centre;
2. High Peak Walks for Health;
3. Derbyshire Boccia Trials;
4. High Peak Sharks news;
5. Festival of Sports;
6. Summer activities in Derbyshire Dales
7. High Peak Sports Awards;
8. High Peak Disability Sport Group next meeting.

1. Summer activities at St Philip Howard Sports Centre

Boccia sessions will run from 1 – 3pm on Friday 31st July and Friday 28th August. The sessions are open age and the charge is £4 each. We welcome children of all abilities to this and all of our other activities

We have a variety of other opportunities available including cheerleading, trampolining, treasure hunt, activity days, racquet sports and basketball.

If you would like any further information please contact us on:
(01457) 866612 / 07947 832 413

2. High Peak Walks for Health

High Peak Walks for Health has been chosen by Natural England as one of a number of case studies into the impact of regular walks on people with learning difficulties.

The regional board member of Natural England attended the July 14th walk around Hayfield Wells Dressings together with the Chair of the Peak District National Park Authority in celebration of the 60th year since the National Parks and Access to the Countryside Act was passed.

For more information about High Peak Walks for Health contact:

Paul Evans: 0845 129 77 77 ext 2209

or visit <http://www.highpeak.gov.uk/culture/sportsdev/walksforhealth.asp>

3. Derbyshire Boccia Trials

Derbyshire Pan Disability Boccia trials for young people aged 16 – 25 were held at Lea Green on Sunday 19th July. Four young people from High Peak took part and Vicky Leigh Marsh and Katie Roberts from Buxton were both selected to represent Derbyshire at the East Midlands Regional Pan Disability Boccia competition on 27th September in Mansfield.

<http://www.derbyshiresport.co.uk/>

4. High Peak Sharks news

9 Sharks took part in the Glossop ASC Distance Gala held at New Mills Pool on 11th July and between them covered over 20 kilometres! Well done to:

Sebastian Southwell	800metres	Christine Liddle	1 mile
Gemma Hayes	2000 metres	Emma Dawson	2000 metres
Jasmine Bamber	2000 metres	Travis Hyland	3000 metres
Rebecca Sheldon	3000 metres	Thomas Hand	3000 metres
Ellie Bamber	4000 metres		

for information about Sharks contact:

Nicki: japenbamber@talk21.com Alice: alice.wright11@btinternet.com 07962 020748

5. Festival of Sports

PE teacher Liz Gray from Peak School organised a very successful Festival of Sports at New Mills Leisure Centre on 21st July. With the help of sports leaders from New Mills School Business and Enterprise College, teams from Peak School, Chapel High School and the University of Derby Buxton Step 2, joined with teams from the New Mills and Chapel cluster of primary schools to enjoy football, kurling, boccia, basketball, skittles, floor lacrosse, cricket and parachute games. Great fun was clearly had by all!

6. Summer activities in Derbyshire Dales

Derbyshire Dales District Council's Summer Activity Programme includes a number of fun activities for people with disabilities including Football sessions with Derby County in the Community and Fencing with 3 Blades Fencing Club..!!

Visit: <http://www.derbyshiredales.gov.uk>

7. High Peak Sports awards

Don't forget to make your nominations for the High Peak Sports Awards. The closing date for nominations is 21st August 2009. For a nomination form visit:

http://www.derbyshiresport.co.uk/sports_awards/nominations/default.asp

or telephone High Peak Borough Council on 0845 129 77 77 ext 2210

8. High Peak Disability Sport Group next meeting

The next meeting will be held on Monday 14th September 2009 at 5pm at The University of Derby, Buxton, 1 Devonshire Road, Buxton, SK17 6RY, room DO/GO5.

Minutes of meetings and earlier issues of this newsletter can be accessed through a link on St. Philip Howard Sports College website:

<http://www.st-philiphoward.derbyshire.sch.uk/index.php?id=494>