

**From:** Derbyshire Sport Disability Newsletter [disability@derbyshiresportnewsletter.co.uk]  
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**To:** Sargeson, Nikki (Children and Younger Adults)  
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making sport a part of everyones life



## Derbyshire Disability Sport E-Newsletter Issue Three

### Welcome to the third edition of the Derbyshire Disability Sport e-newsletter

Welcome to the third edition of the Derbyshire Disability Sport e-newsletter, which gives a round-up of what is currently happening within the county as well as sharing information and good practice and celebrating the successes within disability sport.

This edition is split into the following sections:

- District news
- County news
- In profile
- Events
- Funding opportunities
- Clubs
- Inclusive Fitness Initiative
- Useful contacts

The next edition is planned for late August 2009, and future articles are welcomed.



### District news

#### Amber Valley

A new boccia club has been set up in Amber Valley, with sessions held every Monday from 6pm to 7pm at Swanwick School and Sports College.

Boccia is a fun, inclusive sport for all abilities, and no previous experience is needed to join the club. The sessions are open to anyone aged eight to 25.

[Read more](#)

#### Bolsover

Students from Derbyshire's Stubbin Wood Special School travelled to Turkey to take part in a sports tournament with pupils from schools across Europe.

Seven students from Stubbin Wood took part in the tournament in Amasya, where they enjoyed learning how to play boccia, curling, tag rugby, badminton and handball. [Read more](#)

#### Chesterfield and North East Derbyshire

Disabled people in North East Derbyshire and Chesterfield are being encouraged to get involved in sport as part of the newly-launched Active Ability project, designed to give disabled people easier access to local leisure facilities. Sports coaches are leading a new programme of activities, including table tennis, badminton, swimming and chair-based exercises. [Read more](#)

#### Derbyshire Dales

The next meeting of the Derbyshire Dales Disability Sport Network will be held on May 6 at 4.15pm at Derbyshire Dales District Council offices, Matlock. Contact Catherine Slater on 01773 571231.

### Erewash

Erewash Disability Sport Group held an open Disability Sport consultation event on April 1 to gain a clearer understanding of the problems and issues in Erewash, and to identify the priorities and actions for the Disability Sport Group. Among those who attended were representatives from local sports clubs who would like to be more inclusive for disabled people.

### High Peak

Alan Bamber from New Mills won gold in the Individual Medley and silver in both the 50m and 100m backstroke at the DSE National Junior Championships in Sheffield last month. Alan, who swims for High Peak Sharks and Glossop Stingrays, competed in the S17 14 – 18 age group.

Glossop Gladiators were the winners of the East Midlands 1 round of the National Boccia league, beating Buxton Bravehearts and Golding Glory from Matlock. Glossop will now go forward to the next round which involves a North of England play off to be held at Leeds in June.

### South Derbyshire

The engagement of disabled young people and pupils with Special Education Needs from mainstream schools has long been a problem for those providing sport for disabled young people. However, the work of the Derbyshire Special Schools' Sports Association is beginning to pay dividends.

Pupils from Pingle School in South Derbyshire are now entering and enjoying festivals provided by the Special Schools' Sports Association. The school has entered pupils into the Top Sportsability Festival on April 30, and the Sportshall Athletics on May 6. Both festivals offer relaxed opportunities for pupils to try the sports and to engage in informal competition with pupils from other schools.

The Special Schools' Sports Association provides a range of festivals for all pupils within special schools and mainstream schools. The summer term will see opportunities in cricket, outdoor athletics, boccia and outdoor activities.

For further information on any of these opportunities please contact Will Evans, Senior Competition Manager, on 01773 571235 or

[will.evans@derbyshire.gov.uk](mailto:will.evans@derbyshire.gov.uk)



### County news

#### Sports festivals for disabled young people

Cash from the Extended Services Fund has led to a significant improvement to the structure of festivals and competition in the county for disabled young people, and to date ten festivals have taken place, involving a total of 314 participants.

A newly formed group called the Derbyshire Special School Sports Association (DSSSA) has been established to look at competition, festivals and pathways for disabled young people in the county.

A representative has also been elected to sit on the Derbyshire School Sports Association so that special schools have a voice when developing competitions to ensure inclusion and integration across School Sports Partnerships and Sports Associations.

#### Derbyshire Talented Athlete Fund

Some of the county's most gifted young disabled sports people have been awarded bursaries of £300 each from the Derbyshire Talented Athlete Fund.

Daniel Longhurst (Equestrian), Madeliene Thompson (Wheelchair Basketball) and Matthew Dalley (Equestrian) are among the 108 Derbyshire athletes selected to receive cash help towards training and competition costs.

Madeliene, from Hope Valley, has recently been awarded a silver Paralympic passport for 2012 and is waiting to hear if she has made the final 12, from a shortlist of 17, for the GB Women's team for the Paralympic World Cup in Manchester.

Matthew (pictured), from Willington, was placed third in the Freestyle Dressage and fifth in the Countryside Challenge at the RDA National Championships last year, and will compete at the Special Olympics in Leicester in July.

Daniel, from Oakwood, will also be competing at the Special Olympics in July, and won the countryside challenge at last year's RDA National Championships. [Read more](#)

### **Derbyshire to celebrate National Inclusive Fitness Week**

Events will once again be taking place in Derbyshire as part of National Inclusive Fitness Week, which this year will be held from May 11 to 17.

The week aims to unite fitness facilities across the country in providing people with the opportunity to experience new activities and to understand that exercise really can and should be for all. [Read more](#)

### **Soccer Sight**

A new commentary service has been launched at Derby County FC for blind and partially sighted people.

Soccer Sight is an initiative from the Royal National Institute of the Blind, which has been designed to work with football clubs to improve access for blind and partially sighted people.

Supported by the HBOS Foundation, V and the Football Foundation, the project allows blind and partially sighted fans to sit anywhere within the stadium to receive the commentary. For more information contact [susan.neale@rnib.org.uk](mailto:susan.neale@rnib.org.uk)

### **Free Mental Health Awareness Training**

Derbyshire County PCT has organised a series of free mental health awareness training sessions, specifically developed to meet the needs of sports and fitness instructors involved in exercise referral and the IFI initiative.

One in four people have a mental health problem at some time in their life, most commonly anxiety or depression, and one in 100 people have schizophrenia. Some of the symptoms of these and other mental health problems can be prevented or alleviated by physical activity and exercise.

Sessions to help staff better understand mental health issues and develop their confidence in working with people who experience mental health problems have already been held in Chesterfield, Bakewell and Clowne.

Sessions are also due to be held at Park Hill, Egginton, on May 13, and Toll Bar House, Ilkeston, on July 1. [Read more](#)

### **Great Britons' scheme helps UK talent take off**

Free return flights are being given away in a new scheme run by British Airways, which is designed to provide support to people who want to develop their talent in the run up to 2012.

'Great Britons' will provide successful applicants with flights that will allow them to visit a location or attend an event that will boost their chances of success in their chosen field, be it in sport or another area.

It is open to everyone aged 16 and above, and groups can also apply together for the chance to win a free flight for every member. [Read more](#)

### **Young Achiever Awards**

A number of Derbyshire's young disabled people were among those to have their sporting successes recognised at Derbyshire County Council's Young Achiever Awards.

Wheelchair basketball player Madeliene Thompson was honoured after becoming the youngest wheelchair basketball player to represent her country at the Under 22 level, aged just 13.

Also honoured was William Marshall, who has Downs Syndrome, who took part in a 60 mile bike ride from London to Brighton despite using stabilisers just two years ago, and Luke Sayles, a talented wheelchair fencer who competed at the Norwich Union Youth Games, winning a bronze in table tennis and wheelchair basketball and a silver in wheelchair fencing. [Read more](#)

### **Club directory**

A new club directory is currently being produced which will help to raise awareness of the current club opportunities in Derbyshire which are accessible to disabled people.

The countywide directory will be the first of its kind and will be fully accessible. It is due to be published this summer, and will be available both online and as a hard copy of distribution. For further details contact Catherine Slater on 01773 571231.



### **In Profile**

#### **Matthew Dalley and Daniel Longhurst**

Both Matthew and Daniel will be competing at the Special Olympics in Leicester in July, representing the East Midlands Equestrian Team.

12-year-old Daniel, from Oakwood in Derby, and 14-year-old Matthew, from Willington in South Derbyshire are members at Scropton Riding for the Disabled Centre.

Last year Daniel (pictured) competed at the RDA National Championships for the first time, where he won the Countryside Challenge.

Meanwhile Matthew was placed third in the Freestyle Dressage and fifth in the Countryside Challenge at the same event, in which he has competed in for four years running.

His achievements also saw him named the Junior Disabled Sportsman of the Year at the South Derbyshire Sports Awards for 2008.

Derbyshire's other competitors at the Special Olympics will include boccia

player Beth Foster, from Queen Elizabeth's Grammar School, who competed in the National Championships in Sheffield last November and made it all the way to the final.

Derby gymnast Ricky Blampied will also be competing. He has previously competed at the Special Olympics World Games in Shanghai, where he won five silver medals and two gold medals. To find out more about the Special Olympics go to [www.sol2009.com](http://www.sol2009.com)



## Events

**BT Paralympic World Cup** - The week-long competition will take place from May 20 to 25 in Manchester and has historically seen up to 400 athletes from over 40 countries taking part.

**East Midlands Gymnastics and Trampoline Disability Roadshow 2009** - The free roadshow for coaches, clubs and participants will be held on Sunday, May 17 at Leicester Leys Leisure Centre.

**British Learning Disability Swimming Championships** – Saturday, August 22 and Sunday, August 23 at Ponds Forge in Sheffield.

**Open National Athletics Championships for people with a learning disability** - Saturday, June 27 at Watford.

**West Midlands Regional Disability Championships** – Saturday, June 10 in Rugby.

**Shephed Annual Have-a-go Day of Sport for People with Disabilities** - The event on Sunday, June 14 will feature 35 activities including archery, wheelchair basketball, climbing, martial arts, kayaking, football, athletics and pedal go-karts. Contact Penny on 01509 561791 or by e-mail to [mjp.Hefferan@ntlworld.com](mailto:mjp.Hefferan@ntlworld.com) for more details.

**Inclusive Fitness Week** – May 11 to 17.

[read the full story](#)



## Funding opportunities

**The Derbyshire Community Foundation Fund** currently provides grants of up to £1,000 to support small community and voluntary groups with a variety of different costs linked to enhancing the quality of life for people living in Derbyshire and to tackle disadvantages and inequalities faced by people living in the county. [Read more](#)

**The RBS Derbyshire Charitable Fund** offers grants of between £50 and £1,000 to community and voluntary groups who are working hard to address the needs within their local area around the themes of health, young people and community life. Groups in Derby City, South Derbyshire, Erewash and parts of Amber Valley and the Derbyshire Dales are eligible to apply. [Read more](#)



## Clubs

### Sportsability Club, Derby College

Saturday morning club for 14 to 19 year olds, 10am to 12pm. For more information contact Andy Doodson at [Andrew.Doodson@derby-college.ac.uk](mailto:Andrew.Doodson@derby-college.ac.uk)

### Informal tennis sessions for disabled people, Chesterfield Lawn Tennis Club

Juniors - Mondays from 5pm until 6pm. Start June 1 for 8 weeks (outside).  
Adults - Wednesdays from 10am until 11am. Start June 3 for 8 weeks (inside).  
£1.50 per session. To secure your place call 01246 238798, or just turn up.

**Active Ability Taster Sessions**

Chair Based Exercise and Fun Games, every Monday, 2.30-3.30pm, Killamarsh Sports Centre.

Swimming and Chair Based Exercise, every Tuesday, 11am-2pm, Sharley Park Leisure Centre, Clay Cross.

Table Tennis/Badminton, every Thursday, 1-2pm, Queens Park Leisure Centre, Chesterfield.

Short mat bowls, short tennis and badminton sessions, every Thursday, 5pm-6.30pm, Dronfield Sports Centre.

Swimming, every Friday, 2pm-3pm, Staveley Healthy Living Centre.

For more information contact Shaun Marples on [shaun.marples@ne-derbyshire.gov.uk](mailto:shaun.marples@ne-derbyshire.gov.uk) or 07854882123.

**Boccia Club, Swanwick School and Sports College**

Sessions are held every Monday from 6pm to 7pm and cost £1. The sessions are open to anyone aged eight to 25 and no previous experience is needed to join the club. For more information contact Nicola Green on 01332 204434 or [Nicola.green@umbrella.uk.net](mailto:Nicola.green@umbrella.uk.net)

**Table Tennis, Draycott Table Tennis Centre**

Held on the first Wednesday of every month, from 5.30-7.00pm. £2.50 per session. For more information contact Nicola Green on 01332 204434 or [Nicola.green@umbrella.uk.net](mailto:Nicola.green@umbrella.uk.net)

**Derby City Sportsability Club**

Sessions run during term-time, including basketball, seated volleyball, boccia, cricket and dance. Every Tuesday at Derby Moor Sports College from 4pm to 6pm for young people aged 5 to 18 years old, and at The Royal School for the Deaf from 6.30pm to 8.30pm for adults aged 16+. Also every Thursday at Shaftesbury Sports Centre from 4pm to 5pm for young people aged 12 to 18 years old. £2 per session. For more information contact Mark Dolman on 01332 641234 or [mark.dolman@derby.gov.uk](mailto:mark.dolman@derby.gov.uk)

**Football for adults with disabilities and additional needs**

Every Monday at Glossopdale Community College Astro Turf Pitch. 6:30-7:30pm. £2 each. Suitable for 16+. For more information contact Emma Champion on 01457 866612.

**Inclusive Fitness Initiative in Derbyshire**

Derbyshire's accredited IFI sites are:

**Alfreton Leisure Centre**

Tel: 01773 523325

**Fitness Centre Derby College Prince Avenue (Mackworth)**

Tel: 01332 757570

**Chesterfield College**

Tel: 01246 500579

**Buxton Community School**

Tel: 01298 23122

[read the full story](#)

**Useful contacts**

Derbyshire Sport Disability Sports Development Officer Catherine Slater - 01773 571231 or [catherine.slater@derbyshire.gov.uk](mailto:catherine.slater@derbyshire.gov.uk)

Derby City Council Sport and Physical Activity Equity Officer Mark Dolman - 01332 641236 or

[mark.dolman@derby.gov.uk](mailto:mark.dolman@derby.gov.uk)

Disability Football Development Officer Pete Collins - 01332 648434 or [peter.collins@dcfc.co.uk](mailto:peter.collins@dcfc.co.uk)

If you have anything you would like to see featured in future editions of this e-newsletter please contact Catherine Slater or e-mail Derbyshire Sport Marketing and Communications Assistant Nikki Sargeson on [nikki.sargeson@derbyshire.gov.uk](mailto:nikki.sargeson@derbyshire.gov.uk)

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