

**From:** Derbyshire Sport Newsletter [news@derbyshiresportnewsletter.co.uk]  
**Sent:** 20 May 2009 10:52  
**To:** Sargeson, Nikki (Children and Younger Adults)  
**Subject:** Derbyshire Sport E-newsletter May 2009

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making sport a part of everyones life

## Derbyshire Sport E-newsletter May 2009



### Derby County chief urges people to try jogging with Jog Derbyshire

People who do little or no physical activity are being encouraged to try jogging and join their local Jog Derbyshire group – by the initiative's latest supporter, Derby County president and chief executive Tom Glick.

The football club boss, who regularly goes jogging and recently completed the Derbyshire Building Society 10k, is urging more people to try jogging as a fun and inexpensive way of keeping fit.

He joined members of a group in Belper, who have just started their second ten-week Jog Derbyshire programme, for their latest session.

[read the full story](#)



### Athletics talent to be put to test at East Midlands Airport Derbyshire Schools Combined Events Championships

Speed, stamina and skill will all be put to the test at the East Midlands Airport Derbyshire Schools' Combined Events Championships.

The two-day athletics event will see pupils from across Derbyshire take part, competing in Pentathlon, Heptathlon or Octathlon.

It will be staged at Moorways Stadium in Derby on May 20 and 21, with the first event taking place at 4.30pm each day.

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### Sport Unlimited figures released for year one

Sport Unlimited participation and retention figures for year one have been released, showing more than 8,000 new young people across Derbyshire took part in some of the 100 projects delivered as part of the initiative in the county.

Sport Unlimited is a new national initiative that came to the county this year as part of the Government's five hour offer agenda.

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### Thousands take the plunge and sign up for free swimming in Derbyshire

More than 35,000 people have so far taken the plunge and signed up for free swimming in Derbyshire.

People aged 60 and over and 16 and under have been able to make a splash for free at their local pools since April 1 by applying for a Swim 4 Life card, and

thousands of people dipped their toe in the water and signed up for a card in April.

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### City sporting stars receive bursaries from Derbyshire Talented Athlete Fund

Nineteen of Derby's top sporting stars have been given a cash boost to help them reach their goals, thanks to the Derbyshire Talented Athlete Fund.

The athletes were presented with their cheques at Moorways Sports Centre, by Derby City Council's Paul Robinson, Director of Environmental Services; Councillor Joe Naitta; and Ollie Shearer, Sports Development Coordinator at the University of Derby.

[read the full story](#)



### Derbyshire hockey player is selected for Lloyds TSB Local Heroes initiative

Derbyshire hockey player Alice Sharp has been selected to be part of the Lloyds TSB Local Heroes initiative.

As part of the scheme she will receive £1,000 to help with the cost of training and competing, and is one of only 250 young people in a variety of sports to be chosen from across the UK.

Also part of the scheme, for a second year, is freestyle skier James Machon from Hope Valley.

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### Nominations open for 2009 Derbyshire School Sports Awards

Nominations are now open for the 2009 Derbyshire School Sports Awards.

The awards are open to primary, secondary and special school pupils, and will mark individual and team sporting achievements, as well as the contribution made by student and adult volunteers.

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### Pupils enjoy Special Schools Sportshall Athletics Festival

More than 70 pupils enjoyed a Special Schools Sportshall Athletics Festival held at Alfreton Leisure Centre.

The festival gave pupils the chance to take part in activities such as sprints, throws and standing long jump.

The event was also well supported by 20 young leaders from South East Derbyshire College.

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### Athletes share news of their achievements

Many of the Derbyshire Talented Athlete Fund bursary recipients have recently been involved in competitions both at home and abroad, and have shared their experiences by writing an online blog.

Recent updates include those written by High Peak wheelchair basketball player Madeliene Thompson, who has been selected to compete at the Paralympic World Cup, and Amber Valley hockey player Louisa Boddy, who has told how it felt to be part of the team from Belper Hockey Club which won the National U18 Girls Cup Final for a third consecutive year.

Derby basketball player Mikey Manghum has also penned a blog about being part of the Derby Trailblazers team which have been crowned National Champions at under 18 level, and South Derbyshire ten pin bowler Katrina Maciver has written about competing at the European Youth Championships in Sweden.

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## Double Olympian appointed Athletics Coaching Co-ordinator for Derbyshire

Daniel Caines, the 2001 World Indoor 400m champion and double Olympian, has been appointed Athletics Coaching Co-ordinator for the new McCain Derbyshire Athletics Network.

The McCain Athletics Networks are clusters of clubs working locally to develop athletics in their area, and The Derbyshire Athletics Network was one of the first in the country to be selected and awarded funding by England Athletics.

The Derbyshire Network includes Amber Valley AC, Chesterfield and District AC and Derby AC.

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## Cycling festival heads for Donington

The BikeRadar Live Festival, a Glastonbury-style event for cyclists, is coming to Donington on May 30 and 31.

It will include a 12-hour endurance mountain bike event, 100-mile road ride around the Peak District, track races, live music and more.

There will also be a few famous faces in attendance, including racing cyclist Graeme Obree, ex England footballer Geoff Thomas, Formula One driver Mark Webber and Tour de France winner Stephen Roche.

The event also has plenty of family-friendly features and children aged 12 and under get free admission.

For tickets call 0871 230 7158. Lines close 5pm Sunday, May 24.

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## Focus on Funding

GRANTnet

Help is at hand at the touch of a button for sports clubs and groups wanting to search for grants.

Derbyshire Sport has teamed up with Derbyshire County Council to use a service called GRANTnet to offer a free-to-use searchable database which can help organisations find suitable funding for their sports activities or projects.

GRANTnet is easy to use and sports groups can search for funding from a range of different sources including European funding, Lottery awards and charitable trusts. Sports clubs and groups can all now search across a wide range of funding sources just by logging on to the county council's website.

To search the database organisations must first log on to:

<http://www.derbyshire.gov.uk/grantnet>

After doing this they simply register their details, get a password and they are set up to search.

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## Disabled sailors to go head to head at Duke of Devonshire Trophy Regatta

Disabled sailors will go head to head at the Duke of Devonshire Trophy Regatta when it is held at Carsington Water next month.

The annual event is hosted by Carsington Sailability and sees disabled sailors take to the water in Access Dinghies, a class of boat which is used by sailors with disabilities all over the world as it is designed not to

capsize.

[read the full story](#)

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## Derbyshire marks National Inclusive Fitness Week

Facilities across Derbyshire helped to mark National Inclusive Fitness Week, which took place from May 11 to 17.

The week gave people the chance to experience new activities, and saw both Derby College and Chesterfield College offer free inductions and work with local organisations to introduce new members to the facilities.

Buxton Community School also offered free inductions during National Inclusive Fitness Week, as well as staging two walks for health and a boccia taster session.



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## Get ready for the Derbyshire Sports Awards 2009

Nomination forms will soon be available for the local Sports Awards held in each of Derbyshire's nine districts.

The awards recognise and celebrate the successes of local athletes and people involved in sport, and categories include Sportsperson of the Year, Disabled Sportsperson of the Year, Community Coach of the Year, Service to Sport and Team of the Year.

Winners will also go forward to the Derbyshire Sports Awards, which will this year be held at Derby's Pride Park Stadium on November 13.

Look out for further details at [www.derbyshiresport.co.uk/sports\\_awards](http://www.derbyshiresport.co.uk/sports_awards)

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