

Annual Report

**2010/11**



**2012 and Beyond**

A Plan for Sport and Active Recreation  
in Derbyshire **2010-2015**

> **Year Two Progress Report**

**1550** joggers taking part in Jog Derbyshire

**22.5%** adults involved in 3x 30 min activity per week - increase by 1% over 3 years

**31.8%**

adults 16-34 involved in 3x 30- improved from 28% over 3 years

**45%** of 5-16 yr olds involved in inter school competition

**66%** of pupils involved in 3 hours of PE and school sport/community sport per week

**241** coaches received bursary grants

**159**

athletes selected for Talented Athlete Fund, receiving £40k in bursary grants

**70%** of schools registered for Get Set as part of London 2012 legacy programme.

# Contents

## navigation made easy

Chairman's Review	page <b>1</b>
Introduction	page <b>2</b>
Five Hour Offer	page <b>3</b>
3x 30 mins	page <b>5</b>
Reducing Drop Off	page <b>7</b>
Disability Sport	page <b>9</b>
Talent Development	page <b>11</b>
Sports Leadership and Coaching	page <b>13</b>
Volunteers and Clubs	page <b>15</b>
London 2012 Games	page <b>17</b>
Sports Facilities, Green Spaces and the Outdoors	page <b>19</b>
Progress Summary	page <b>21</b>

## Chairman's Review of 2010/11

It has been my privilege to serve as the Chair of Derbyshire Sport during 2010/11, which has been a very busy and productive year. There have been many highlights and successes, but 2010/11 will also be remembered as a year which brought some significant challenges.

The way we have faced up to these challenges has demonstrated the real strength that exists within Derbyshire Sport. Despite around 75% of the national funding being withdrawn from the school sport partnerships, we have been able to work together and find alternative local sources of funding to add to the national funds still available and to secure ten partnerships and a county competition manager for the next two years. This will allow us to continue to provide more opportunities for young people to become involved in and develop through school and community sport.

Local authorities right across Derbyshire, have also shown real commitment to the sport, health and well being agenda at a time when difficult budget decisions were being taken.

As a result of the great work at local level, the adult participation figures are creeping forward. These increases are being supported by some of the excellent county wide developments such as Jog Derbyshire and the Village Games. Our more established programmes including the Derbyshire Sports Awards and the Talented Athlete Fund have also again been very successful during the year.

With the introduction of ICON in November 2010, we have begun to develop much closer links between business and sport and these will be accelerated in 2011/12 as we move closer to the London 2012 Olympic and Paralympic Games.

Some excellent work has been completed this year within the many working groups such as; the Derbyshire Cultural Officers Group, the Sports Development Officers Forum, the Sport in Education Group, the Governing Body Forum, community sports networks, the disability sports networks, Derbyshire Schools' Sports Association and the Active Derbyshire Partnership. This list is not exhaustive and I am pleased to thank all of those people in these and the many other groups for their commitment and enthusiasm and for helping to achieve the goals set out in our plans.

We continue to be grateful to Sport England for their financial investment into Derbyshire Sport. We are also grateful to our local authority partners and other public sector bodies not only for their direct investment, but also for their energy and commitment in helping to improve the sports system in Derbyshire.

The Derbyshire Sport Executive and Partnership Group have both functioned well again this year. The experience within these groups is invaluable in ensuring that Derbyshire Sport makes the right decisions and continues to move forward positively. I am pleased to have this opportunity to thank all of the staff for their high quality work during the past 12 months. We are very fortunate to have such a group of committed and enthusiastic officers, working to achieve the goals and targets within the county plans. The same is true for the many other committed, paid staff and volunteers who work so hard to develop and deliver sports opportunities in communities throughout Derbyshire.

There are both challenges and opportunities ahead as we work to create a fully joined up sports system in Derbyshire. I am delighted that the foundations are now firmly and strongly in place and that we have many exciting developments underway in all parts of the county. I am sure that we will continue to see some positive results over the next couple of years and that we will achieve our targets and see many more people participating in sport and active recreation and more of Derbyshire's talented performers achieving national and international success.



Councillor Carol Hart

This Annual Report summarises the progress made during 2010/11, towards the targets within 2012 and Beyond....The Plan for Sport and Active Recreation in Derbyshire 2010-2015.

This county plan for sport and active recreation was launched in December 2009 and this report summarises the progress that we have made towards the ambitions and targets within this plan.

We continue to use the traffic light system to indicate progress towards the 76 targets within the plan and some pleasing progress has been made despite some significant challenges during the year.

### 2012 and Beyond- Progress at end of 2010/11

	2009/10	2010/11
<b>Green (completed or on track with no issues)</b>	<b>5</b>	<b>25</b>
<b>Amber (just started or progressing with some challenges)</b>	<b>44</b>	<b>37</b>
<b>Red (late starting or progressing with significant challenges)</b>	<b>26</b>	<b>11</b>
<b>Grey (not yet started and planned for future)</b>	<b>1</b>	<b>3</b>

Progress towards the targets within each of the 9 action plans is summarised in more detail between pages 3 and 20 and a table showing the RAG progress towards each of the targets is on page 21.

### Refreshing the Plan

Although the plan for sport is only 18 months old, it will need to be refreshed during 2011/12 as;

- There have been some significant changes to national policy and the sporting landscape since this plan was launched in December 2009.
- Some national programmes and funding streams have come to an end and others have been significantly reduced.
- The performance measurement framework used within the plan was linked to national programmes and national indicators, some of which may not be available in future years
- Across the county, the resources for sport and active recreation have also been changed and so the targets may need reappraising.

It is proposed that the refresh of the plan will be completed by March 2012.

*“ More young people aged between 5-16 years, involved in inclusive, high quality PE and sport and active recreation in the community for at least 3 hours and rising to 5 hours a week. ”*

### Key Performance Indicators

By the end of academic year 2010-2011, 80% of 5-16 year olds in every school sport partnership to take part in 3 hours a week of PE and sport organised by schools.

	2008/09	2009/10*
<b>Derby</b>	<b>59%</b>	<b>62%</b>
<b>Derbyshire</b>	<b>58%</b>	<b>67%</b>

\* Latest data received

The number of young people taking part in the Sport Unlimited programme each year

	2009/10*	2010/11
<b>Derbyshire</b>	<b>8,513</b>	<b>10,816</b>

The percentage of young people participating in 1 or more community sports, dance or multiskills club with links to the school in the academic year

	2008/09	2009/10*
<b>Derby</b>	<b>20%</b>	<b>22%</b>
<b>Derbyshire</b>	<b>23%</b>	<b>29%</b>

### School Sport Partnerships

2010/11 was a very challenging year for school sport partnerships, as it was announced in the Autumn that the national funding for competition managers and school sport partnerships would be withdrawn from 2011.

However, this bad news inspired partners to work together to ensure that the excellent work of the past few years could continue in Derbyshire. The national funding picture has improved and the excellent collaboration across Derby and Derbyshire resulted in sufficient funding being secured to sustain all ten school sport partnerships for a further two years. This provides an excellent indication that the work of school sport partnerships is really valued.

Progress towards the ambitious targets also continued throughout the year. There was an increase reported on the percentage of pupils involved in PE and Sport for at least 3 hours. The delivery of specific programmes continued and these outcomes are reported below.

### School sport

The percentage of young people involved in school sport festivals and competitions increased again during the year. The Derbyshire Schools Sports Association and the competition managers played a key role in these developments and continued to provide great leadership

<b>% pupils yrs 1-11 involved in school sport</b>	<b>2008/09</b>	<b>2009/10</b>
<b>Derby</b>	<b>30%</b>	<b>45%</b>
<b>Derbyshire</b>	<b>40%</b>	<b>45%</b>

around school sport in 2010/11. Regrettably, the funding for the competition manager posts was discontinued at the end of March 2011.

A greater range of festivals and competitions were made available locally within school clusters, at district level and many also involving county finals.

Over 54,000 pupils were involved in school sport during the year with over 4000 involved in county finals in a wide range of sports.

## Volunteering and Leadership

Through the community element of Step into Sport, 203 young people have completed a total of 6776 voluntary hours in local clubs and sports organisations. The volunteering happened across more than 20 sports, with 32 leaders committing 50 or more hours.

## Sport Unlimited

2010/11 saw the biggest delivery of Sport Unlimited across Derbyshire. 10,816 young people took part in Sport Unlimited activity with 8,020 retained in six out of ten sessions. Activities took place in 32 sports, with numerous opportunities in golf, football, boxing, multi-sport, dance, cricket and basketball. Sport Unlimited in Derbyshire became part of the Inspire Mark Olympic Legacy Programme.

Over the three year project, 27,623 young people enjoyed Sport Unlimited activity, and of those 20,415 were retained, this equates to 92% of the over-all target set by Sport Unlimited.

## Sport and Community safety - Sporting Futures

Sporting Futures continue to grow in Derbyshire and have reviewed their staffing structure ensuring dedicated officer time is available to each district and the city. During the year, sporting Futures worked with 2500 young people, 25% of which were young females, delivered 231 qualifications and over 1000 different positive outcomes have been achieved. On average young people received 24 hours of contact time on programmes and 111 young people volunteered on various projects.

### *Case Study - The Movement:*

The Movement was set up in 2009 to address the high percentage of inactive girls in Derby, and its innovative methods to help 11 to 16-year-olds lead happy, healthy and active lifestyles has resulted in a 19 per cent increase in physical activity levels. More than 2,500 girls have joined The Movement, getting involved in initiatives including an interactive website, street dance programme, magazine, leadership and media courses and sessions combining physical activity with beauty, fashion and style. The Movement is a partnership between Derby County Football Club's football in the community scheme and Derby City Council, and earlier this year it won the Sports Participation award in the Coca-Cola Community Club of the Year category at the Football League Awards.

## The Friday Night Project

The Friday Night Project is now embedded within South Derbyshire, with 170 members participating in sports activities, specific events, and gaining access to youth service support.

The project is managed through a multi agency approach including Granville Community School, South Derbyshire School Sports Partnership, Youth Service, South Derbyshire District Council alongside the Police, Safer South Derbyshire team and Children and Younger Adults services.

Since the project started there have been no reports of crime on Burton Road on the night the project operates, and a reduction in calls to the Police in other hot spot areas.

“ More adults (16+) of all ages and abilities are actively and regularly involved in inclusive community sport and active recreation, as participants, coaches and volunteers. ”

### Key Performance Indicators

Percentage of adults who participate in sport and active recreation at moderate intensity for at least 30 minutes on at least 3 occasions each week

	October 2006	October 2010
16+ Derby City	21.0%	22.6%
16+Derbyshire	21.4%	22.5%

	2009/10	2010/11
The number of jogs by people in Jog Derbyshire	5844	10833
The number of completers within Gold Standard Health Referral Programme	562 (28%)	2494 (38%)

	2009/10	2010/11
The number of completers within Gold Standard Health Referral Programme	562 (28%)	2494 (38%)
The number of new walks by new Walkers on Walking for Health programme (data from 05/10-04/11)	n/a	2145

### Slow but sure.....An increase in participation over the last 5 years

There has been a small improvement in the NI8 indicator over the past five years in both Derby City and Derbyshire, although the increases are not as great as planned and to the growth has been slowing down over the past 12 months.

## Making progress by working together

Community Sport Networks now exist in South Derbyshire, Erewash, Amber Valley, High Peak, Bolsover and Chesterfield and NE Derbyshire. Each CSN has brought key delivery partners together and is driving the plan to increase adult participation in sport and active recreation in their area, for example the work of the CSN in Amber Valley has helped participation in Amber Valley to increase from 21.6% to 24.1% during the past five years.

## Derbyshire keeps on jogging

Jog Derbyshire continues to grow in popularity. There are now 70 groups established across the length and breadth of Derbyshire involving over 1550 joggers.

An evaluation completed during the year shows 78% of participants are female, 51% are aged 45 and above and 20% consider themselves new to exercise. In a further study it was found that 56% of participants joined Jog Derbyshire because of the support offered by Jog Leaders and 61% reported the social element of the groups as being a major factor in attracting them to the project.



### *Case Study - Barlborough Gentle Joggers:*

Launched in early 2010, Barlborough Gentle Joggers has recruited over 100 joggers. The group caters for all levels of ability, with nine trained leaders and weekly sessions on both a Tuesday and Thursday. Due to the dedication of Leader Sharon Bache and her co-leaders, the group has steadily grown in numbers week by week. The group's many success stories include jogger Adele Crapper, who has gone from novice jogger to half-marathon runner and Jog Leader in 12 months. Adele said: "The people I run with are fantastic and so supportive, there is a great feeling in the jog group and the experienced runners are always happy to share their advice." The group is also supported by Clowne Road Runners, who signpost complete beginners to the Barlborough group.

## Corporate Team Challenge goes from strength to strength

The Cooper Parry Business Team Challenge within the Sporting Futures 10K had its biggest ever entry, with over 70 company teams taking part in 2011. Many of the participants used the event to return to exercise with the 6 mile challenge providing just the right level of challenge. Ground work has been completed to establish a series of corporate team challenge events for 2011/12. This will be launched in July 2011 as part of the 2012 Games legacy programme for Derbyshire.

## Rural communities engaging with Village Games

The Village Games team is really beginning to help raise participation levels in rural communities throughout Derbyshire. During the past 12 months the Village Games team have worked in more than 60 villages, helped establish over 120 different new sessions or clubs involving over 19000 attendances in activities as varied as jogging, walking, cricket, rounders, Zumba, carpet bowls and chair exercise. Over 100 new volunteers and 130 new coaches have been recruited to support these developments.

## Health Referral – encouraging more people to exercise

The health referral scheme has also performed well this year. The programme is designed to encourage people to take greater responsibility for improving their own health by pursuing a more physically active life style. Offered across the county area, there has been a significant increase in the number of referrals and successful completers. The number of successful completers has risen from 562 (28%) in 2009/10 to 2494 (38%) in 2010/11.

Work was also completed during the year to improve the scheme and there is now a wider offer available to participants. This is even more closely linked to the leisure centres and "Leisure Hubs," which sign post people to community activities, have been created in each local authority area within the county area.

## Walking for Health

2010/11 saw £50,000 of new investment into the Walking for Health programme in the county by NHS Derbyshire. Working in partnership with Natural England, all district and borough authorities, NHS Derbyshire and Derbyshire Sport allocated this funding to each local authority to increase the number of new walkers, participating on a regular basis. Local authorities did this by setting up new Walking for Health groups or by supporting existing groups to recruit new members. The funded programme started in June 2010 and after only nine months the annual number of new walkers' target of 617 had been exceeded (704 new walkers).

# Reducing drop off...

*where do we want to be?*

*“ More young people between the ages of 16-24, actively involved in inclusive school and community sport and active recreation as participants, coaches and volunteers. ”*



## Key Performance Indicators

Percentage of adults (16-24yrs) who participate in sport and active recreation at moderate intensity for at least 30 minutes on at least 3 occasions each week (NI8)

	October 2009	October 2010
16 -24 Derby City	33.2%	40.5%
16 -24 Derbyshire	34.9%	33.9%
16 -34 Derby City	30.8%	31.8%
16 -34 Derbyshire	33.2%	31.8%

The number of young people (16-19 years) taking part (engaged) in the Sport Unlimited programme

08/09	10/11
883	902

## Lots of people returning to sport

Return to Sport programmes are taking off all over the county, especially in the 16-24 age group, with hundreds of adults enjoying the chance to play sport again in low key and sociable settings. This programme received a boost of £47,000 during the year from REIP fund. Return to Netball has been particularly successful with new sessions established in Amber Valley, Bolsover, Chesterfield, Derbyshire Dales, Erewash, North East Derbyshire, South Derbyshire and High Peak, where around 50 women take part each week and a new recreational club has been created.

The funding has also helped establish a wide range of other successful activity programmes across the county including table tennis, zumba, swimfit, badminton, squash, and walking.

## HE and FE

The University of Derby have done great work over the year engaging with the students around sport and active recreation, culminating in the successful lottery bid (see case study). Good work has also taken place in the FE colleges around the county. Derby College have proactively set up activities for specific groups of students who are not registered on sport courses. These include students on Health and Social Care and Arboreum courses (climbing), for disabled students and students who do not speak English. Female students are encouraged to use the gym and can access a personal trainer to advise them. The college has also set up a programme of evening enrichment activities, open to all students.

### Case Study - University of Derby:

The University of Derby secured £176,929 in National Lottery funding from Sport England for its Different Degrees project. It is one of 40 from across England being backed by Sport England's £10m Active Universities fund to get more university students playing sport. Different Degrees will increase student participation through intramural sport, 'pay-as-you-play' sport and existing clubs across a variety of sports including rowing, golf and squash. The project is in response to a student survey which identified limited opportunities, time and the competitive focus of existing sports as the main barriers preventing participation in sport. Different Degrees will tackle these by offering a wide range of activities at different times of the day including early mornings, lunchtimes, evening and weekends.

“ More disabled young people aged between 16-24 years, involved in inclusive, school and community sport as participants, coaches or volunteers ”

### Key Performance Indicators

The percentage of the adult population (16+) within a local area with a limiting disability who participate in sport and active recreation at moderate intensity for at least 30 minutes on at least 3 occasions each week (NI8 indicator)

	October 2009	October 2010
Derby	6.3%	9.3%
Derbyshire	8.2%	8.5%

### Coordinating disability sport in Derbyshire

Derbyshire now has district disability sport networks in; Amber Valley, Derbyshire Dales, Erewash, High Peak and North Derbyshire and a sixth is soon to be re-launching in Derby City. Each of the district networks coordinates local plans and activity and works to create more opportunities and encourage more disabled people to take part in sport.

The Derbyshire Disability Sports Forum was established during the year. This provides the strategic lead for disability sport in the county and is responsible for producing a county plan, managing county wide programmes and supporting the district groups.

### Playground to Podium (P2P)

Two County Athlete Assessment Days were delivered as part of the national Playground to Podium talent identification programme. Twelve young people took part and two participants were identified as talented athletes by UK athletics and went into their talent pathway programme. Plans are now in place for delivery of Playground to Podium in 2011/2012, when the County Athlete Assessment Days will include delivery in five different sports.

### Competition Plus - SEN Competitions

In 2010/11, 427 young people with special educational needs took part in school sport competitions probably more than ever before in a single year and 11 festivals are already planned for 2011/2012 with a greater emphasis planned on engaging SEN pupils from mainstream schools.

### More accessible gyms

We now have ten accessible gyms within Derbyshire which are recognised as part of the Inclusive Fitness Initiative. Local disability sport networks have also worked at a local level to help non-IFI accredited sites to become more inclusive.



## Multi-sport Clubs

There are now 20 inclusive or dedicated disability sport clubs across Derbyshire, across a range of sports including swimming, boccia, football and cricket. This number is increasing year on year and work is continuing with NGB Officers and local disability sport networks to support more clubs to become inclusive or create dedicated sections.

### *Case study - Playground to Podium:*

Cameron McLean's potential was spotted at a Playground to Podium event at Moorways Sports Complex last June, and he enjoyed his first taste of road racing at this year's Virgin London Mini Marathon. Cameron, who is in the cerebral palsy classification group T33, was among a number of young people from Derby City and Chesterfield School Sport Partnerships who took part in a county athlete assessment day as part of the national P2P programme, and impressed England Athletics coaches in a 100m wheelchair racing time trial.

Since then the Ecclesbourne School pupil has been training with teacher Alan Bradshaw in the gym, swimming pool and on the roads in a chair borrowed from CP Sport every morning before school and with Derby AC.

*“ More sports performers from Derbyshire competing successfully at regional, national and international level in a range of recognised sports. ”*

### Key Performance Indicators

The number of performers from Derbyshire competing for England or Great Britain in an agreed range of sports each year – baseline still to be established

	October 2009	October 2010
The % of residents surveyed through Active People Survey who are satisfied with sports provisions in their local area	70.1%	69.1%



### Derbyshire's got talent

Derbyshire's Talented Athlete Fund was a big success again in 2010/11.

*This year 159 athletes, competing in 37 different sports, received bursaries totalling £40,000.*

More awards were made than ever before and this was possible due to the continued commitment from local authorities and other public sector organisations and the increasing contribution to the fund from private sector companies, through ICON.

*“ It's good to know that local businesses show an interest in local sport and athletes, and that we have their support and backing. The bursary I received has helped towards my travel costs and hotel accommodation at competitions. ”*

Molly Renshaw, Derventio eXcel swimmer

### Developing talent in schools

Several areas within the county have continued to develop their multi skill academies. The Tupton Stars programme in North East Derbyshire is just one example which is working very well and assisting with talent identification and multi-skills development.

## Derbyshire Schools Sports Association

The Derbyshire School Sports Association continued its great work during the year and many county schools teams achieved notable success.

- Mount St. Mary's School won Gold in the sportshall athletics East Midlands Y8 Girls Competition
- Derbyshire Badminton U17 team achieved 12th place in the inter counties tournament
- Jonathan Heath, Yasmin Miller (St Benedicts) and Naomi Reid (Merrill College) all won their individual event at the English Schools Athletics Association National Championships. Jonathan and Yasmin went on to represent English Schools in the Home International and Suzanne Palmer (Derby College) represented English Schools in Combined Events international
- The Yr 9 boys team from St. Benedicts, having won the county cup, finished 3rd in the national basketball final. losing narrowly in the semi-finals to the eventual winners. Kingsley Okorah from Littleover school was selected for the England U16 team and competed in the European championship
- Nina Smedley (Anthony Gell) was selected for the National Super 2s Cricket Competition
- Derbyshire schools were crowned Midlands champions in rugby league in years 7, 8, 9 and 10. Dronfield school were crowned Midlands Champions.
- Danielle Wilkinson (Lees Brook) was selected for national Ballet Youth Dance Company
- Chellaston School Y7 Boys were finalists in the National Futsal Championships held at Birmingham

## FE colleges and University of Derby

The basketball and golf academies at Derby College have enjoyed a fantastic year, with college successes at national and regional level and strong links developed with the county sports clubs and programmes. The University has also enjoyed some success within British Universities competitions.

Discussions began towards the end of the year, to create an exciting new talent development programme within the county which will see the University, colleges, local authorities, clubs and NGBs working together to provide even more support to Derbyshire's best teams and individual performers. This will be launched in summer of 2011.

## A sport approach

Several governing bodies in the county, including; swimming, cricket, golf and gymnastics, continued to develop their player pathways to good effect and develop strong links with facility providers, to ensure adequate facility provision for their performance squads. Preparation work was completed for a "focussed sport" programme of support which will be introduced in 2011/12.

## Better coaches, better sport

Eleven coaches received bursary support for Level 3 and above courses during the year. Bursaries were allocated across seven different sports to a total value of £3,488.75.

### *Case Study - Derbyshire Golf:*

Derbyshire Golf now has a fully developed player pathway, with talent identified through schools golf, club coaching and development programmes and the Derbyshire Futures Tour – a series of events in age group categories for U16s who don't yet have club handicaps or membership. Talent is developed through the U12 and U14 county coaching programmes, and through the Derbyshire Golf Academy which selects and coaches U15s who are not yet in county coaching squads but have potential to progress to them within two to four years. Since 2009 more than 200 players have been assessed and 140 invited to take part in a series of coaching sessions. At the performance end of the pathway an U16 and boys elite county coaching programme are both established, together with the Performance Golf Academy Derby – an intensive two-year programme linked into education to develop player talent to the highest level possible, and the 1st/2nd county coaching programme for players with the potential to represent Derbyshire at 1st and 2nd team level.



*“ Inclusive sports leadership and coaching pathways established, which recruit more leaders and coaches and encourages those in the system to work actively in the county and to improve their qualifications and skills. ”*

### Key Performance Indicators

The percentage of people regularly volunteering 1 hr+ per week into local sports clubs

	October 2009	October 2010
<b>% of people regularly volunteering More than 1hr a week in sports club</b>	<b>5.6%</b>	<b>4.3%</b>



### A strong core

The Coaching Derbyshire Plan 2011-2015 was published and distributed. This sets out very clear goals for coaching over the next four years. Sport England’s investment of £40k per annum into coaching in the county was confirmed through to 2014/15. The County Coaching Centre based at Derby College became fully established as the “go to” place for information about coaching including courses and bursaries.

A new coach database was established during the year, primarily to assist public sector partners and governing bodies to recruit coaches more easily and assist in the needs-led planning of coach education. To date 63 coaches have registered on the database. however, Coaching Derbyshire is communicating with a further 678 coaches and coaching partners who have signed up to receive the Derbyshire Sport Coaching e-newsletter and other coaching information.

### Sports Leadership

Between September 2010 and March 2011, 203 young people aged 16 – 18 years old completed over 6,000 hours volunteering in community clubs. All completed over 10 hours, with many volunteering for more than 50 hours during this period.

The Derbyshire Leadership Academy website has been undergoing changes and most of this work was completed during 2010/11. The Leadership Academy will be re launched in 2011 and will be targeted towards the most committed leaders in Derbyshire, offering incentives and personal development opportunities.

There are now five Gymnastics Leadership academies, with 76 members, all of whom are aged between 12 and 24 years old. 44 of the young leaders have achieved an NGB recognised

qualification in either event officiating or introductory judging, and of these 4 were selected to volunteer at a British Gymnastics National Programme Launch. All the leaders will be linked to a community club or school setting where they will volunteer to embed the skills they have developed.

In total, an additional £7865 of partnership funding has been secured to help the leaders progress and gain further qualifications.

## Sports Volunteer Award

100 new coaches were recruited to the Sports Volunteer Award which is designed to recruit young people into coaching. During the year the young coaches aged between 16 – 19, completed Level 1 sport specific qualifications, attended first aid and safeguarding workshops, and volunteered for a minimum of 30 hours in a supported community placement.

## Coach bursaries and development

210 coach bursaries, totalling £22,374.46 were awarded to coaches across the county

Bursaries 2010/11	Level 1	Level 2	Level 3	Other
Amounts	£11,009	£6,913	£2,550	£1,901
No.	123	49	8	30

## Information and celebration

Seven issues of the Coaching Derbyshire newsletter were distributed during the year and the achievements of individual coaches were celebrated within each issue. Coaches were again recognised at the Derbyshire Sports Awards in November 2010.

### *Case study - Derbyshire Coach Mark:*

Mark Rotherham coaches martial arts, self-defence and fitness, and achieved the Derbyshire Coach Mark in November 2010. He currently runs club sessions for junior and adults in Melbourne, Repton, Castle Donington, Chellaston and Kegworth, and has also coached in schools as well as running an after-school club at Melbourne Infant School. In order to gain the Derbyshire Coach Mark, Mark underwent additional training, which included attending workshops on good practice when working within the school environment, and Safeguarding and Protecting Children. He said: “The additional training I had to gain the Coach Mark was really useful, and something I wouldn’t have perhaps done otherwise. The Coach Mark is a good thing to have to be able to prove to schools that you have been checked.”

“ An increased number of volunteers working within sport and active recreation and more people in membership of sports clubs in the county ”

### Key Performance Indicators

The percentage of people who are in membership of a sports club

	October 2009	October 2010
<b>CSP</b>	<b>23.2%</b>	<b>23.1%</b>
<b>Derby City</b>	<b>23.2</b>	<b>24.8</b>
<b>Derbyshire</b>	<b>23.1</b>	<b>22.5</b>

	2009/10	2010/11
<b>The number of clubs achieving a ClubMark accreditation</b>	<b>no baseline</b>	<b>198</b>

The number of clubs on the Derbyshire Sport Club Database continues to grow with 564 clubs now registered, and communicated regularly with information about ...

### Club Mark

Club Mark remains important within Derbyshire. Through the work of partners 198 clubs are now recognised with the accreditation, an increase of 16% on 2009/10. Merlin ABC became the first boxing club to gain accreditation in Derbyshire, one of 20 nationally, where as Whaley Bridge Athletic Football Club became the 500th club to achieve Charter Mark.

### Training and courses

During this year, Derby College has become an approved centre for the delivery of runningsports workshops, and work is underway to further develop the number of tutors who are able to deliver workshops to volunteers.

Following guidance from the Derbyshire Leadership Group, the Derbyshire Sport website has

been updated to help clubs prepare to accept new volunteers, whilst giving tips and advice on how to keep, reward and recognise their involvement.

## Funding support

Three Funding workshops were delivered during the 2010/11 financial year at different venues across the County. The funding workshop includes a section focusing on the Sport England Small Grant programme. 49 people attended the sessions representing more than 20 different clubs.

Funding updates are included in the monthly e-newsletter and the Derbyshire Sport website was updated to include a section detailing relevant funding sources for clubs. Funding updates on relevant grants were circulated twice a month.

### *Case Study - Erewash Valley Gymnastics Club:*

Erewash Valley Gymnastics Club offers a wide range of coaching from parent and toddler classes to recreational and squad levels. It runs sessions every evening and at weekends, and works with other partners and opens up its facilities to other sports and activities to engage the local community. The club was chosen to take part in the pilot of the British Gymnastics Club Networking Programme, along with five other clubs in the district. Club networking is a developmental scheme that aims to create working partnerships between varying clubs. EVGC now offer sessions to 400 participants per week. It has developed a number of programmes to support the demands of the community, including a 13+ club as a way to retain gymnasts in sport longer as the drop off age in gymnastics is around 12 years. The club was awarded the 2010 Gymnastics England National Club of the Year Award and also the 2010 Gymnastics England Club Volunteer of the Year Award.

### *Case Study - Richard Daldorph:*

Wirksworth sailor Richard Daldorph gives up hours of his spare time to give Derbyshire youngsters opportunities to learn to sail. His voluntary work includes visiting schools to introduce sailing in assemblies, and setting up school-club links for Carsington Sailing Club to get more youngsters coming through the club's start sailing sessions. Richard then encourages the young people to attend Carsington Sailing Club's Saturday Youth Sailing sessions, which he also organises and runs. In recognition of his work, Richard was named Derbyshire's RYA OnBoard Volunteer of the Year at the 2010 Royal Yachting Association regional awards.

*The 2010 Derbyshire Sports Awards celebrated sport in the county including volunteers and clubs.*

 UNIVERSITY of DERBY





*“ Derbyshire to have played its full part in contributing to the success of the 2012 Games and to have maximised the opportunities and potential of The Games to inspire young people and improve the health and well being of people of all ages and all abilities in Derbyshire. ”*

Key Performance Indicators	October 2009	October 2010
<b>N18 – 16+ participation on sport</b>	<b>Derby City 22.3%</b> <b>Derbyshire 23.5%</b>	<b>22.6%</b> <b>22.5%</b>
<b>Inspire Mark programmes</b>	<b>3</b>	<b>17</b>
<b>Talented Athletes Funded</b>	<b>109</b>	<b>159</b>

### Schools Get Set for 2012

370 schools and colleges in Derbyshire, which is more than 70% of all schools in the city/county, have signed up to be part of Get Set - the London 2012 education programme. This provides resources and offers schools, children and young people aged between 3 and 19 the opportunity to learn more about the Olympic and Paralympic values and to play their part in the 2012 Games. Derbyshire has a higher percentage of schools registered on the Get Set network, than any other county in the East Midlands.

#### Case Study - Get Set:

Charlotte Nursery and Infant School in Ilkeston was the national 'Get Set Network School of the Month' for November 2010, as a result of its continued commitment to living the Olympic and Paralympic Values. Over the past two years it has run projects related to communication, collaboration and citizenship; enterprise and practical learning; healthy active lifestyles and sustainability. The school was also selected as a result of its brilliant blog posts displaying Olympic and Paralympic inspired window paintings, notice boards and entries to the Get Set to Make Your Mascot competition. As a reward the school was visited by Olympic gymnast Craig Heap and received a letter of congratulations from Seb Coe.



## Inspired work

There are currently 17 projects in Derbyshire which have been awarded the London 2012 Inspire Mark and can carry the logo on their publications and promotions. Inspire Mark recognises innovative projects that are directly inspired by the 2012 Olympic and Paralympic Games. Programmes from Derbyshire receiving Inspire Marks this year include; Derbyshire Village Games, the Erewash Sports Academy Award, Inspire & Respect in Derby, Derby City Sportsability Initiative and the county wide Go Boccia!



## ICON – a sporty business

Links between sport and business have improved dramatically this year following the launch of ICON in November 2010. During the last quarter of the year more than 20 new companies joined ICON, contributing funds towards the Talented Athlete programme. The number of ICON members is increasing weekly with companies showing a real interest in promoting active workplaces, becoming involved in corporate team events and continuing to support Derbyshire's most talented young performers. These developments will offer a very real legacy in Derbyshire from the London 2012 Games.



*“ As a business we feel that it's really important to be involved in sport locally and to give something back to the local community. That is why we have chosen to get behind ICON, which will allow us to help support local sporting talent and link in with other businesses who also have a passion for sport and leisure. ”*

Olivia Parrish, HR Director, Cooper Parry

## School Games

The number of young people involved in school sport competition increased again during 2010/11. These high levels are set to continue in the run up to the 2012 Games, as much of the planning has now been completed to ensure that the new Derbyshire School Games will take place from 2011. The School Games organiser infrastructure was secured right across the county together with funding to appoint a County Competition Officer to lead this important work.

*“ An appropriate range of high quality, accessible sports and recreation facilities, green spaces and outdoor areas are to be available throughout Derbyshire, which meet the varied demands and expectations of the users. ”*

**Key Performance Indicators**

	October 2009	October 2010
<b>The % of residents surveyed through Active People Survey who are satisfied with sports provisions in their local area (CSP)</b>	70.1%	69.1%

	2009/10	2010/11
<b>The number of local authority managed facilities achieving an externally validated quality standard</b>	8	16
<b>The number of parks and green spaces achieving Green Flag status</b>	12	15

## Time to refresh the facility plan

There has been significant progress made towards many of the recommendations in the Derbyshire Indoor Sports Facility strategy which was produced four years ago. The stock of facilities has both increased and improved since the strategy was launched in 2007. The 2011 audit shows that sports hall space has increased by 12%, swimming pool water space by 13%, health and fitness gym stations by 34% and artificial grass pitches by 32%.

During the year, new sports halls have opened in Aldercar, Derby and Kirk Hallam whilst sports halls in other areas have been refurbished. A new swimming pool has opened in Derby and others across the county have been refurbished. New full size artificial grass pitches have been built in Chesterfield, Kirk Hallam and Dronfield.

Overall there has been significant progress made by partners in building new or refurbishing facilities. Although capital funding is difficult to secure, there are also some major projects that are in the strategy and that will come to fruition over the next three or four years, most notably in Derby.

Major changes to the Building Schools for the Future programme during the year has impacted on the potential for new school facilities to add significantly to the community leisure facilities available in the city and county. The time is now right to refresh the county sports facility strategy.

## BSF/community use

There was a major scaling back of the Building Schools for the Future programme in 2010/11, which was one of the low points in the year. However there are several schools including; Bolsover, Heritage, Springwell, Shirebrook, Stubbin Wood, Noel Baker, St Martins and Derby Moor that have had or are due to have capital investment through the BSF programme. This will result in better facilities and work will continue to ensure effective community use for all the members of the community.

### *Case Study - Brookfield Specialist Sports College:*

Brookfield Specialist Sports College opened its full size, flood-lit 3rd generation artificial grass pitch and viewing area in June 2010, following a £285,219 grant from the Football Foundation, a £150,000 grant from the Department for Children, Schools and Families for sports colleges to improve sports facilities and support from Derbyshire County Council. The facility is open to community groups, and is currently used by seven football clubs including a disability team and a girls' team. Five local businesses hire the pitch for recreational games for employees and groups of students hire the facility on a play and pay basis. Two new leagues have also been set up and use the pitch on Sunday and Monday evenings, and Chesterfield Football in the Community use the AGP on Saturday mornings and in school holidays. Other users include a local church and a Dads' group, and the pitch is also used for the delivery of coach education courses.

# 2012 and beyond

## Progress Summary

Number	Action	2009/2010	2010/2011
1.1	Produce a Derbyshire Fundamentals and Multi Skills Plan, which includes proposals for workforce development, skills challenges and multi sport club festivals and clubs (by 2012)	Grey	Red
1.2	Develop and promote a range of sport and activity programmes designed to contribute to reducing year 6 childhood obesity rates in the county (from 2010)	Amber	Green
1.3	Develop and promote local accessible outdoor play provision, including skate parks, cycle routes and outdoor sports areas, to encourage independent participation by young people (from 2010)	Amber	Amber
1.4	Successfully deliver nationally driven programmes within PESSYP strategy including but not limited to; School to Club links, Sport Unlimited and School Sport Competition Programme. To achieve the annual targets and report this progress (from 2010)	Amber	Green
1.5	Increase the number of junior sports clubs, coaching sessions and casual activities, in a wide range of sports and active pursuits, which offer participation, coaching and competition opportunities to young people (from 2010)	Amber	Amber
1.6	Increase the number of young people who are members of a sports club (from 2010)	Red	Amber
1.7	Engage more young people in sports volunteering and leadership programmes (from 2010)	Green	Green
1.8	Utilise Positive Activities programme, Street Games, Friday and Saturday night intervention programmes to engage those young people who are at risk of exclusion, including those in rural communities, those at risk of being involved in crime or anti social behaviour and looked after children (from 2010)	Green	Green
1.9	Strengthen the local planning groups within each local authority, where key agencies are represented (District 11-19 managers, youth service, school sport partnerships, sport development officers etc) which seek to optimise funding streams and align programmes including Extended Schools, Positive Activities, Sport Unlimited, community safety and holiday programmes etc (by April 2011)	Amber	Green
1.10	Fully investigate how transport challenges can be overcome to enable more young people to be involved in sports activities after school, in the evening and at weekends (from 2010)	Red	Red
2.1	All partners to use Active People market segmentation tools to develop and promote a wider and more appropriate range of community based sport and active recreation activities for the 16-24 age group in communities throughout Derbyshire (from 2010)	Red	Amber
2.2	Encourage more students in FE colleges to participate in sport and active recreation activities within college and also in community and club settings (from 2010)	Amber	Amber
2.3	Extend the remit of Derbyshire Schools Sports Association to provide for 16-19 year olds (by 2011)	Red	Red
2.4	Engage more young people (16-24 yrs) in sports volunteering and leadership programmes through the Derbyshire Leadership Academy, particularly through FE colleges, the University and sports clubs (from 2011)	Amber	Amber
2.5	Increase the number of University of Derby students who participate in sport and active recreation activities within the University and also in community and club settings (from 2010)	Amber	Amber
2.6	In line with Sport England national strategy, encourage county governing bodies to develop specific programmes designed to reduce the drop-off in participation at age of 16 and to retain participants up to and beyond 24 years of age (from 2010)	Amber	Green
3.1	Each Community Sports Network to use the Active People data and tools and Change4Life resources and to link with Active Derbyshire, to meet targets within their agreed action plan to increase adult participation by at least 1% each year within their local authority area (from 2010)	Amber	Green
3.2	Establish and promote "Return to Sport" programmes in conjunction with county governing bodies of sport in locations throughout the county (by 2011)	Amber	Green

<b>Green</b>	Strong developments, embedded throughout the county.
<b>Amber</b>	Making progress, lots of good practice around the county but still not fully connected or embedded.
<b>Red</b>	Not started, overdue or isolated areas of good practice. Much more to do.
<b>Grey</b>	Not started, not due to be started yet.

Number	Action	2009/2010	2010/2011
3.3	Establish and promote a "Village Games" programme, to create new opportunities for people in rural communities to become involved in recreational clubs and events (by 2011)	Amber	Green
3.4	Establish and promote a calendar of mass participation events in locations throughout the county, to encourage people into activity (from 2011)	Amber	Amber
3.5	Increase the number and range of local sports and active recreation opportunities available for people to participate in informal, non competitive settings with people of their own age and ability. Promote these widely in communities (from 2010)	Amber	Green
3.6	Increase the number and range of opportunities for families to take part in sport and active recreation together. Promote these widely in communities (from 2011)	Red	Red
3.7	Achieve delivery targets in county wide walking programmes and Jog Derbyshire and to secure sustained funding for these initiatives (from 2010)	Amber	Green
3.8	Achieve delivery targets in the county wide Gold Standard Health Referral (Physical Activity) programmes and to secure sustained funding beyond the initial 3 years (from 2010)	Amber	Amber
3.9	Produce local area directories and web information to better promote the availability of activity sessions in each local area (from 2011)	Amber	Amber
3.10	Actively encourage and recognise companies that support employees to participate regularly in sport and active recreation (by April 2012)	Red	Amber
3.11	Extend the principles of the Derbyshire Leadership Academy to provide better support to adult volunteers and to increase the number of adult volunteers by April 2011 (by 2011)	Red	Red
3.12	Establish more sport and active recreation sessions within community use of schools in the evenings and weekends (from 2011)	Red	Amber
3.13	Maximise the potential of the free swimming initiative across Derbyshire for 2009-2011 (from 2010)	Amber	Grey
4.1	Refresh the Derbyshire Disability Sport Plan from 2011-2015 (by 2011)	Red	Amber
4.2	Establish the Derbyshire Federation of Disability Sport to become the representative voice of disability sport in the county and to take ownership of the development and delivery of the county disability sports plan (by 2011)	Red	Green
4.3	Continue to develop disability sports networks so they become more influential at local and county level with links to CSNs locally. These networks to develop local action plans and local participation opportunities for disabled people (from 2010)	Amber	Green
4.4	Encourage all public, private and third sector organisations involved in sport in Derbyshire to deliver staff training to improve the quality of the sports opportunities for disabled people, using existing quality standards (from 2010)	Red	Amber
4.5	Create a regular programme of taster sessions for disabled people in a wider range of sports and activities within sports clubs and multi sports clubs throughout the county (from 2010)	Amber	Amber
4.6	Encourage leisure centres and IFI sites to establish multi sports clubs for disabled people. At least one multi sports club for disabled people to be established in every local authority area in Derbyshire (by 2011)	Amber	Green
4.7	Appoint Derbyshire Sport Ambassadors to help encourage and motivate disabled people to become involved in sport (by 2012)	Red	Red
4.8	Develop the Derbyshire Special Schools Sports Association, to provide a planned series of school based festivals and competitions for disabled young people across the county each year (from 2011)	Amber	Green
4.9	Further develop the buddy system to encourage more disabled people to become sports leaders, coaches and volunteers (from 2011)	Red	Red

# 2012 and beyond

## Progress Summary

Number	Action	2009/2010	2010/2011
4.10	Introduce the Playground to Podium programme in Derbyshire, to support more disabled people to become members of sports clubs and to develop better pathways for those with talent to encourage them to compete at regional and national level (by 2011)	Amber	Amber
5.1	Recognise a number of priority sports and support the governing bodies and clubs to strengthen their talent pathways in the county/region (by 2011)	Red	Amber
5.2	Schools and school sport partnerships will further improve talent identification in schools and sign posting of talented young people to appropriate clubs and squads in the county (from 2011)	Amber	Amber
5.3	Ensure that FE colleges and the University of Derby are optimally involved in the development of performance sport in the county (from 2010)	Amber	Amber
5.4	Further develop the Derbyshire Talented Athlete Programme to provide wider support to athletes and their coaches (from 2010)	Amber	Green
5.5	Identify those coaches working with talented athletes and provide needs led support (from 2010)	Amber	Amber
5.6	Improve facility provision and access for selected talent/performance squads within the county (from 2010)	Red	Amber
6.1	Further develop the sports leadership pathway in schools to complete the pathway from KS2 mini-leader through to KS4/5 Step into Sport and in particular to fill the gap at Key Stage 3 (from 2011)	Amber	Amber
6.2	Further develop the Derbyshire Sports Leadership Academy by recruiting new young leaders through organisations such as the Youth Service, local authorities, governing bodies and clubs, Sporting Futures, Further Education Colleges and the University (from 2010)	Amber	Amber
6.3	Produce and publish the county plan for coaching - "Coaching Derbyshire", which will outline the plans for improvements in the coach database and communication with coaches, Coach Mark, coach bursary programme, coach education (by 2012)	Green	Green
6.4	Establish a Derbyshire Coaching Centre which will co ordinate many of the coaching programmes in the county, including the coach database, communication with coaches, coach education, coach bursaries and Coach Mark (by 2010)	Green	Green
6.5	Develop programmes of support which seek to increase the number of coaches and improve the qualifications of coaches from traditionally under represented groups including but not limited to: women and girls, disabled and BME coaches, young people not in education or training (from 2010)	Red	Red
6.6	Expand the Recruit into Coaching Programme into all districts and to seek new entrants from organisations such as the youth services, colleges and the University (from 2011)	Amber	Amber
6.7	Explore the potential for establishing a county coach employment agency (by 2012)	Red	Grey
7.1	Create a county wide directory of sports clubs and make this available through a range of web sites, so that key contact information is available to the general public and all key partners (by 2011)	Amber	Green
7.2	More clubs to be supported to achieve a Club Mark accreditation. Create a network of those clubs aspiring to achieve Club Mark and ensure all of the necessary courses for achieving this standard are delivered regularly in the county (from 2010)	Red	Amber
7.3	Develop a volunteer recruitment programme which is promoted by sports partners and volunteer centres on a regular basis (from 2011)	Amber	Red
7.4	Provide an annual programme of high quality training and development opportunities for volunteers within clubs throughout the county (from 2011)	Red	Red
7.5	Make information available to public sector organisations and voluntary sector sports clubs about existing directories of grants schemes (from 2010)	Amber	Green

<b>Green</b>	Strong developments, embedded throughout the county.
<b>Amber</b>	Making progress, lots of good practice around the county but still not fully connected or embedded.
<b>Red</b>	Not started, overdue or isolated areas of good practice. Much more to do.
<b>Grey</b>	Not started, not due to be started yet.

Number	Action	2009/2010	2010/2011
7.6	Improve the recognition and celebration of the work of volunteers and clubs at local and county levels through media coverage, volunteering week and sports awards (from 2010)	Red	Amber
8.1	Continue to progress the County Facility Action Plan and to re-refresh the plan (by 2012)	Amber	Amber
8.2	Local authorities to have in place playing pitch and facility strategies in line with PPG17 as part of Local Development Frameworks	Amber	Amber
8.3	Further improve the range of facilities available to sports clubs across the county (from 2010)	Red	Amber
8.4	Maximise the potential of the XN computerised booking system particularly with regards to sharing of management information for marketing purposes (by 2014)	Amber	Green
8.5	Further explore the feasibility of establishing a Derbyshire Leisure Card and to link this with other cards operating in the county (from 2010)	Red	Grey
8.6	Ensure the BSF/School facility developments link with community leisure plans and to further develop community use of sports facilities as a result (from 2011)	Amber	Amber
8.7	Fully explore the potential to increase community use of sports facilities on school sites (from 2010)	Amber	Amber
8.8	Present the case for planning gains from new developments to be maximised and used to improve sport and active recreation facilities and outdoor spaces for local communities (from 2010)	Green	Amber
8.9	Local authorities, governing bodies and the private and voluntary sectors to work proactively together to ensure that needs for facilities to meet increased population are established and that new facilities are planned for through Sustainable Community Strategies, Core Strategies and budget planning processes (from 2010)	Red	Amber
8.10	Promote and develop local networks of safe off road walking, jogging and cycling sites which are connected to urban and rural settlements (from 2010)	Amber	Amber
8.11	Improve the quality and access to green spaces and parks and encourage the use of them for informal sport and active recreation (from 2010)	Red	Red
8.12	Promote and advocate activities within the outdoor environment including the Peak District National Park and National Forest (from 2010)	Amber	Amber
9.1	Connect schools and young people in Derbyshire with the 2012 Games and to inspire them to become more engaged in school and community sport and active recreation, using existing tools such as the Competition programme, the Ambassadors programme, Get Set and International Inspirations programmes	Amber	Green
9.2	Apply for the Inspire Mark for a wide range of programmes in the county including but not limited to; Derbyshire Sports Leadership Academy, Talented Athlete Programme, Jog Derbyshire, Coaching Derbyshire	Amber	Green
9.3	Maximise the potential of the London Games and Paralympic Games by maximising the media coverage of sport and active recreation and promoting participation	Amber	Green
9.4	To showcase the talented performers in Derbyshire to help inspire the next generation of international sports men and women and to use the opportunity to secure funding for the Derbyshire Talented Athlete Programme beyond 2012	Red	Green
9.5	The use the 2012 Games and media coverage to help inspire people in Derbyshire to become involved in volunteering at sports events and to leave a legacy of more volunteers working in sport in Derbyshire beyond 2012	Red	Amber
9.6	Work with potential Olympic and Paralympic training camp hosts in and around the county and encourage visiting athletes and coaches to link to work in schools, clubs and coaches in Derbyshire	Red	Amber

# 'To make Derbyshire one of the most active and successful sporting counties by 2020.'

**Partners:** Amber Valley Borough Council, Bolsover District Council, Chesterfield Borough Council, Derby City Council, Derbyshire County Council, Derbyshire Dales District Council, Erewash Borough Council, High Peak Borough Council, North East Derbyshire District Council, South Derbyshire District Council, Sport England, Sport Governing Bodies, Further and Higher Education, School Sport Partnerships, Local Sports Networks, Derbyshire Schools' Sports Association, NHS Derbyshire County.

Derbyshire Sport 

Derbyshire Sport  
2 Godkin House  
Park Road  
Ripley  
Derbyshire DE5 3EF

Tel: 01773 748907

[www.derbyshiresport.co.uk](http://www.derbyshiresport.co.uk)

