

Derbyshire Playground Challenges 2009

Challenge 6: Year 5 and 6 – Pairs Tennis Ball Wall Throw

“How many times can you and a partner throw a tennis ball against a wall and catch it in 1 minute?”

Rules:

- In pairs, stand 2 metres away from the wall
- Throw the tennis ball against the wall (under arm)
- Partner catches the ball with two hands
- Repeat above as many times as possible
- Do not count if tennis ball is dropped

Points:

0 – 10 catches – **2 points**
11 – 20 catches – **5 points**
21 – 30 catches – **10 points**
31 – 40 catches – **15 points**
41+ catches – **20 points**

Safety:

- Check equipment & surface
- Make sure that the challenge areas are coned off and there is enough space for pupils to do the challenges

Equipment:

- Stop Watches
- Tennis Ball
- Wall or similar
- Measuring Tape

Supervisor / Mini-Leader Roles:

- Counting & Scoring
- Recording Results
- Demonstrating Challenges
- Safety

Inclusion:

This challenge can be adapted in many ways, to suit the needs of all pupils.

E.g.

- To make it harder – use a different ball / move further away from the wall
- To make it easier – use a bigger ball / move closer to the wall

If you need any additional support for inclusion ideas, please contact the Challenge Organiser